Got Ticks?

Pennsylvania Integrated Pest Management Program

Penn State Entomology







Blacklegged ticks, formerly known as Deer ticks (*Ixodes scapularis*) Actual size, adult 1/8"; larva 1/32" (Images: Tick Resource Center)



More PA ticks...



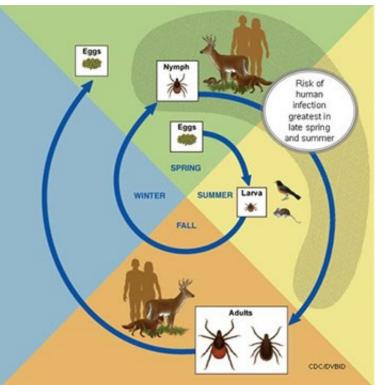
American dog tick adults and nymphs Vectors: Erlichiosis

Lone star tick adults Rocky Mtn. Spotted Fever





Life Cycle of the Blacklegged Tick



- Complex 1-1/2 year cycle
 - Active in winter if sunny & over freezing
- 3000 eggs laid hatch 7-14 weeks
- Larva 6-legged! Feed only once
 - White-footed/Deer mouse, chipmunks
 - Must ingest virus from host: small mammal
- Nymphs feed once mice, deer, raccoons, squirrels, skunks...
 - More chances to ingest virus: highest risk
 - 25-56 days to adult
- Adults white-tail deer main host
 - Female must feed to lay eggs
 - Male tick dies after mating



How do you get ticks?

By being outside!

- Ticks climb brush to seek hosts
- Wait with claws open "questing"
- Check exposed skin, ears & scalp
 - Armpits, inside knees, waistline
- Check children head-to-toe!





What's the Harm?

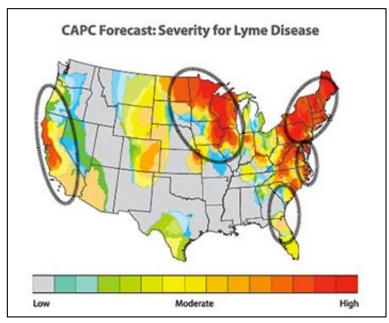


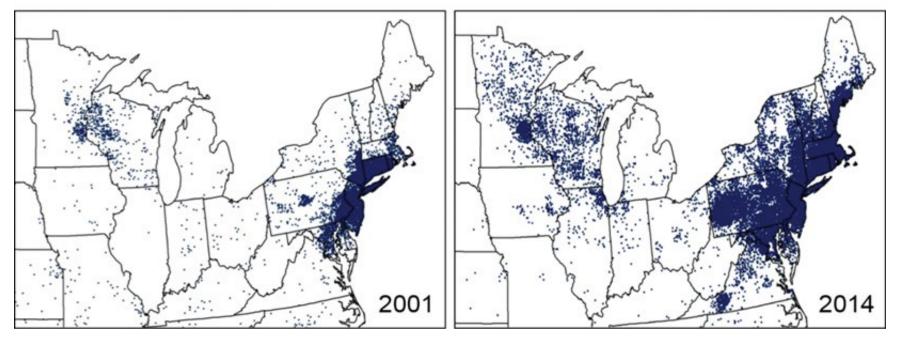
Image: Companion Animal Parasite Council

- Ticks #2 disease vector (after mosquitoes)
- Tick borne diseases
 - Lyme Disease 40% of ticks infected; 24 hours to infect
 - Post-Treatment LD Syndrome (PTLDS)
 - Babesiosis 5%; nymphs probably only hours to infect; fatal 5%+
 - Erlichiosis 5%; Lone-star ticks; fatal 1.8%
 - Powassan Virus 50 cases/10 year (US); 1 PA death in 2018!
 - Rocky Mtn. Spotted Fever Dog ticks; fatal 3-5%
- Ticks & diseases expanding range



Ticks are rapidly expanding Range

Changes in Lyme Disease Case Report Distribution

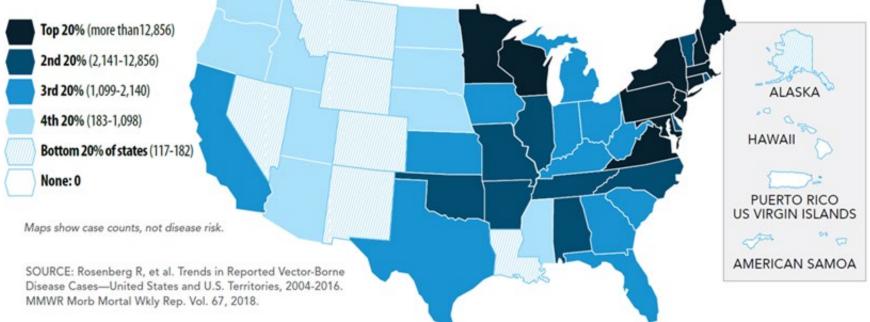


Warmer winters and increased precipitation favor ticks



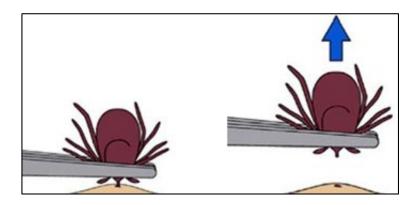
PA #1 In Nation for Licks & Lyme Disease







Removing Ticks





- Pull straight out with tweezers, or use tool (TickKey, TickedOff, etc.)
- Don't crush body
- Don't twist
- Don't burn or paint
- If head remains, pull it out
- Save tick in alcohol for testing
 - East Stroudsburg University https://www.ticklab.org/



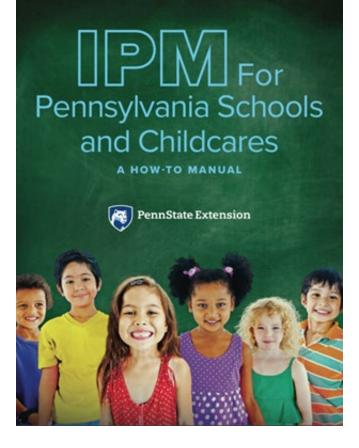
Controlling Ticks

- Spraying is largely ineffective
- Better to reduce vegetation near people-areas
 - Cut back high brush (over 18")
 - Create "rough" buffer zone (6-12" high, 3' wide)
- Reduce mouse population
 - Increase predators fox, hawks, owls, etc.
- Reduce ticks on mice
 - Tick Tubes reduce ticks on mice, etc.
 - Tick Boxes more effective
- Reduce deer access & habitat
 - Fence; plant deer-resistant plants





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References

- CDC (Centers for Disease Control and Prevention).
 2015. Lyme disease data and statistics. <u>www.cdc.gov/lyme/stats/index.html</u>
- CDC 5/2018. Vital Signs: Illness on the rise from mosquito, tick, and flea bites. <u>https://www.cdc.gov/vitalsigns/pdf/vs-0518-vector-borne-H.pdf</u>



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