# Got Ticks?

#### Pennsylvania Integrated Pest Management Program

Penn State Entomology







Blacklegged ticks, formerly known as Deer ticks (*Ixodes scapularis*) Actual size, adult 1/8"; larva 1/32" (Images: Tick Resource Center)



### More PA ticks...



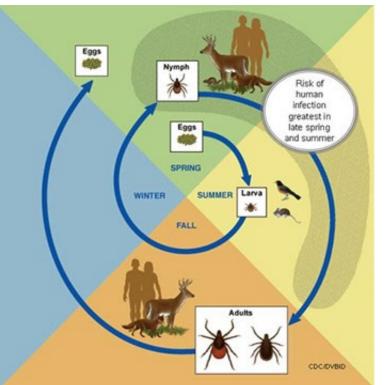
American dog tick adults and nymphs Vectors: Erlichiosis

Lone star tick adults Rocky Mtn. Spotted Fever





## Life Cycle of the Blacklegged Tick



- Complex 1-1/2 year cycle
  - Active in winter if sunny & over freezing
- 3000 eggs laid hatch 7-14 weeks
- Larva 6-legged! Feed only once
  - White-footed/Deer mouse, chipmunks
  - Must ingest virus from host: small mammal
- Nymphs feed once mice, deer, raccoons, squirrels, skunks...
  - More chances to ingest virus: highest risk
  - 25-56 days to adult
- Adults white-tail deer main host
  - Female must feed to lay eggs
  - Male tick dies after mating



### How do you get ticks?

By being outside!

- Ticks climb brush to seek hosts
- Wait with claws open "questing"
- Check exposed skin, ears & scalp
  - Armpits, inside knees, waistline
- Check children head-to-toe!





## What's the Harm?

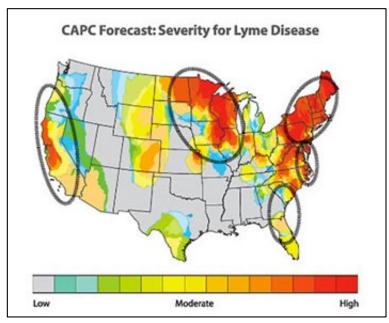


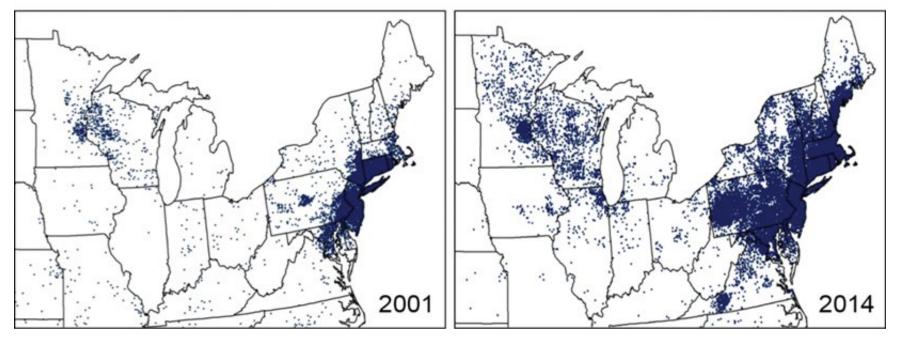
Image: Companion Animal Parasite Council

- Ticks #2 disease vector (after mosquitoes)
- Tick borne diseases
  - Lyme Disease 40% of ticks infected; 24 hours to infect
    - Post-Treatment LD Syndrome (PTLDS)
  - Babesiosis 5%; nymphs probably only hours to infect; fatal 5%+
  - Erlichiosis 5%; Lone-star ticks; fatal 1.8%
  - Powassan Virus 50 cases/10 year (US); 1 PA death in 2018!
  - Rocky Mtn. Spotted Fever Dog ticks; fatal 3-5%
- Ticks & diseases expanding range



### Ticks are rapidly expanding Range

#### Changes in Lyme Disease Case Report Distribution

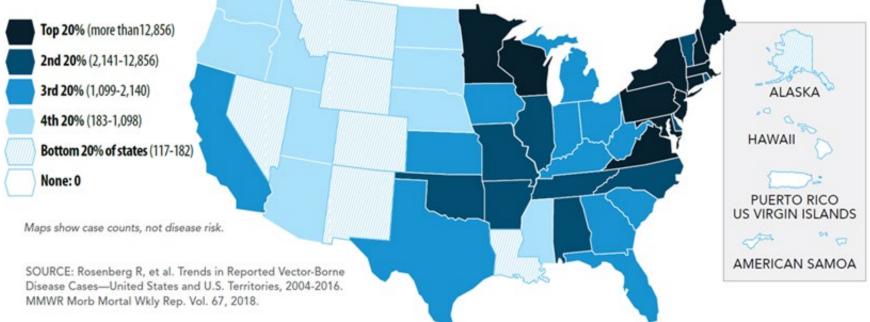


Warmer winters and increased precipitation favor ticks



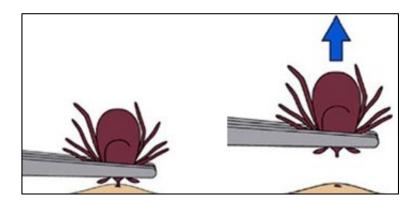
#### PA #1 In Nation for Licks & Lyme Disease







### **Removing Ticks**





- Pull straight out with tweezers, or use tool (TickKey, TickedOff, etc.)
- Don't crush body
- Don't twist
- Don't burn or paint
- If head remains, pull it out
- Save tick in alcohol for testing
  - East Stroudsburg University https://www.ticklab.org/



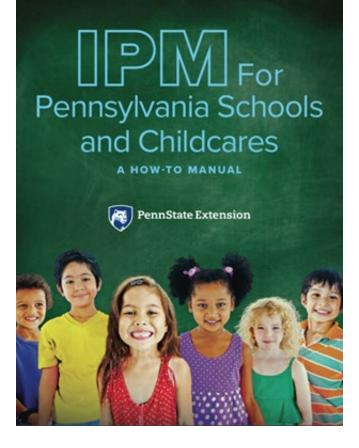
## **Controlling Ticks**

- Spraying is largely ineffective
- Better to reduce vegetation near people-areas
  - Cut back high brush (over 18")
  - Create "rough" buffer zone (6-12" high, 3' wide)
- Reduce mouse population
  - Increase predators fox, hawks, owls, etc.
- Reduce ticks on mice
  - Tick Tubes reduce ticks on mice, etc.
  - Tick Boxes more effective
- Reduce deer access & habitat
  - Fence; plant deer-resistant plants





#### **IPM for Pennsylvania Schools & Childcare**



#### Introducing the 3<sup>rd</sup> Edition!

- New chapters
- Thorough revision
- New color photos

#### Hard copy \$39:

https://extension.psu.edu/ipmfor-pennsylvania-schools-andchildcares-a-how-to-manual

#### Free PDF:

http://pages.extension.psu.edu/IP M-for-pa-schools-and-childcares



### References

- CDC (Centers for Disease Control and Prevention).
  2015. Lyme disease data and statistics. <u>www.cdc.gov/lyme/stats/index.html</u>
- CDC 5/2018. Vital Signs: Illness on the rise from mosquito, tick, and flea bites. <u>https://www.cdc.gov/vitalsigns/pdf/vs-0518-vector-borne-H.pdf</u>



#### **Nondiscrimination Statement**

The University is committed to equal access to programs, facilities, admission and employment for all persons. It is the policy of the University to maintain an environment free of harassment and free of discrimination against any person because of age, race, color, ancestry, national origin, religion, creed, service in the uniformed services (as defined in state and federal law), veteran status, sex, sexual orientation, marital or family status, pregnancy, pregnancy-related conditions, physical or mental disability, gender, perceived gender, gender identity, genetic information or political ideas. Discriminatory conduct and harassment, as well as sexual misconduct and relationship violence, violates the dignity of individuals, impedes the realization of the University's educational mission, and will not be tolerated. Direct all inquiries regarding the nondiscrimination policy to the Affirmative Action Office, The Pennsylvania State University, 328 Boucke Building, University Park, PÁ 16802-5901, Email: aáo@psu.edu, Tel (814) 863-0471.



Editor: Dion Lerman Amber Brunskill Lyn Garling Maria Gorgo-Gourovitch Michelle Niedermeier Sources as noted on slides and in References

#### Pennsylvania Integrated Pest Management Program Penn State University Department of Entomology

This work is supported by EIP grant # 2014-70006-22563 from USDA National Institute for Food & Agriculture (NIFA).



Penn State Navy Yard Bldg. 661 4960 S. 12<sup>th</sup> Street Philadelphia, PA 19112

215-264-0582

dlerman@psu.edu