



Conservation Cover (327) for Pollinators



Pennsylvania Installation Guide and Job Sheet



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The Xerces Society for Invertebrate Conservation

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Authors

This guide was written in November 2012 by Mace Vaughan, Eric Mäder, Jessa Kay Cruz, Jolie Goldenetz-Dollar, Kelly Gill, and Brianna Borders of the Xerces Society for Invertebrate Conservation, Dr. David Biddinger (Pennsylvania State University Fruit Research and Extension Center), and Jim Gillis (Pennsylvania NRCS). Please contact Mace Vaughan (<u>mace@xerces.org</u>) to improve this publication.

Revised edition

Updated in November 2014 by Mace Vaughan, Kelly Gill, Eric Lee-Mäder, Emily Krafft, and Sara Morris of the Xerces Society.

Editing and layout

Sara Morris, The Xerces Society.

Photographs

Cover: Eastern tiger swallowtail (*Papilio glaucus*) and bumble bee (*Bombus* spp.) on common milkweed (*Asclepias syriaca*). Photograph courtesy of Tom Potterfield, flickr.com. *Below*: bumble bee on wild bergamot (*Monarda fistulosa*). Photograph by Eric Lee-Mäder, The Xerces Society.

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Purpose

These instructions provide in-depth guidance on how to install nectar and pollen habitat for bees in the form of wildflower meadow plantings. To plan a specific project, use this guide with the Implementation Requirements/ Job Sheet found at the end of this document.

Client Conservation Objectives

Depending on landowner objectives and project design, pollinator habitat may also provide food and cover for other wildlife, reduce soil erosion, protect water quality, and attract other beneficial insects—such as predators and parasitoids of crop pests.

Key Site Characteristics

Site selection for pollinator habitat should take the following into consideration:

- **Pesticide Drift:** Habitat must be protected from pesticides (especially insecticides and bee-toxic fungicides and herbicides). Only sites with no to very low risk for pesticide drift should be established as new habitat. This includes some pesticides approved for use on organic farms.
- Accessibility: New habitat should be accessible to equipment for planting and maintenance operations.
- **Sunlight:** Most wildflowers and native shrubs grow best in full sunlight.
- **Slope:** Steep or highly erodible sites should not be disturbed. For re-vegetating such sites, consider Critical Area Planting (342) or other suitable Practice Standards.
- Weed Pressure: Areas with high weed pressure will take more time and effort to prepare for planting. It is also important to note the primary weed composition. Knowing the most abundant weed species on site, their reproductive methods, and whether they are grass or broadleaf, perennial or annual, and woody or herbaceous, will help significantly in planning for site preparation and follow-up weed management during establishment.
- Site History: Factors such as past plant cover (e.g., weeds, crops, grass sod, and/ or native plants), use of pre-emergent herbicides or other chemicals, and soil compaction can affect plant establishment. It is also important to know if sites may have poor drainage or may flood, as such conditions make habitat establishment more difficult and require a plant mix adapted for the site.
- Soils and Habitat: Most plants listed in the Appendix of this guide are tolerant of many soil conditions and types, however all plants establish better when matched with appropriate conditions.
- **Irrigation:** Establishing plants from plugs, pots, or bare root will require irrigation. Irrigation is generally not needed for plantings established from seed.
- Other Functions: The site may offer opportunities to serve other functions, such as run-off prevention, stream bank stabilization, wildlife habitat, or windbreaks. Those factors can influence plant choice and/ or design.

Figure 1 Pollinator plantings can serve other functions, such as habitat for wildlife or beneficial insects. This diverse pollinator meadow provides a variety of forage and nesting sites for native bees, beneficial insects, and more.



(Photograph by Kelly Gill, The Xerces Society.)

Plant Selection

Native Plants: Plant species selection should be limited to plants providing pollen- and nectar-rich forage resources for bees. The inclusion of warm-season bunch grasses is appropriate at a low percentage of the mix by seed per square foot (e.g., 25% or less), but may limit options for use of grass-selective herbicides if grass weeds are a primary concern. The Appendix provides specific seed mixes for dry and wetland sites, and a master list of acceptable plants for Pennsylvania.

If you are designing a custom plant list, individual species should be chosen so that there are consistent and adequate floral resources throughout the seasons. In order to achieve this goal, a minimum of three species from each blooming period (early, mid, and late season), should be included. Plant mix composition (i.e., percent of each species) can be designed to complement adjacent crop bloom time or other abundant species in the landscape, with more plants blooming immediately before and after adjacent crops. **Non-Native Plants:** Plant selection should focus on pollenand nectar-rich <u>native</u> plants, but non-invasive, non-native plants may be used when cost and/ or availability are limiting factors. Please see the Appendix for acceptable non-native plants. Non-native plants, such as buckwheat or clover, may be planted as part of a crop rotation or in a perennial crop understory using the Cover Crop Practice Standard (340), to increase the value of crop fields to pollinators.

Alternate Pest or Disease Hosts: In most cases, native pollinator plants do not serve as alternate hosts for crop pests or diseases, but selected plants should be cross-referenced for specific crop pest or disease associations. Research indicates that weedy borders harbor more pests than are found in diverse native plantings.

Site Preparation

Site preparation is **one of the most important** and often inadequately addressed components for project success. It is also a process that may require more than one season of effort to reduce competition from invasive, noxious, or undesirable non-native plants prior to planting. *In particular, site preparation should focus on the removal of perennial weeds* (there are more options to address annual or biennial weeds after planting). Regardless of whether the objective is to establish herbaceous or woody vegetation, more effort and time spent eradicating undesirable plants prior to planting will result in higher success rates in establishing the targeted plant community. Site preparation methods are provided in **Table 1**.

Note: If weed pressure is high, then the weed abatement strategies detailed in **Table 1** should be repeated for an additional growing season. High weed pressure conditions are characterized by:

- Persistent, year-round cover of undesirable plants (covering the entire surface of the site);
- Sites where weeds have been actively growing (and producing seed) for multiple years;
- Sites dominated by introduced sod-forming grasses and rhizomatous forbs (e.g., Canada thistle).

Previously cropped lands—those that have been cultivated for several years—are generally lower in weed pressure.

Figure 2

The site on top was prepared with a single glyphosate treatment, leaving a significant stubble layer and persisting weedy grasses. It is not ready for planting. The site on bottom was treated for an entire growing season with repeated glyphosate treatments (applied whenever new weeds appeared). The stubble has been removed with a flail mower and it is ready for planting. Neither site has been cultivated.



(Photographs by Brianna Borders, The Xerces Society.)

Table 1Site Preparation Methods

	METHOD: NON-SELECTIVE (NON-PERSISTENT) HERBICIDE					
Where to Use		Timing				
 Conventional farms and organic farms* 		Total time: 6+ months				
Areas with a low risk of erosionAreas accessible to sprayer		Begin: Early spring after the first weed growth				
		Plant: Fall				

Basic Instructions:

- 1. Mow existing thatch as needed before beginning herbicide treatments to expose new weed growth to the herbicide spray.
- 2. Apply a non-selective, non-persistent herbicide as per label as soon as weeds are actively growing in the early spring.
- 3. Repeat herbicide applications throughout the spring, summer, and early fall as needed (whenever emerging weed seedlings reach 4–6").
- 4. For any herbicide-resistant weeds, mow the area to prevent flowering and seed development as necessary.
- 5. Plant pollinator seed mix (and any transplants) in the fall after a hard frost, waiting at least 72 hours after the last herbicide treatment. Refer to the Planting Methods section of this document for specific recommendations.

NOTE: <u>Do not till</u>. Avoid any ground disturbance that may bring up additional weed seed. An additional year of site preparation is recommended if weed pressure is particularly high. Avoid use of herbicides that are bee-toxic (e.g., Paraquat and Gramoxone).

* Choice of herbicide must be acceptable to OMRI for organic operations; or, if not, used outside of certified ground <u>AND</u> approved by an organic certifier.

METHOD: SOLARIZATION

Where to Use	Timing
 Conventional farms and organic farms 	Total time: 6+ months
 Areas with a low risk of erosion 	Begin: Spring
 Areas accessible to mowing equipment 	Plant: Fall
Locations with full sun	

Basic Instructions:

- 1. Mow, rake, or lightly harrow and smooth the site in the spring (raking off debris, if necessary).
- 2. After smoothing the site, lay UV-stabilized plastic (such as high tunnel plastic), burying the edges to prevent airflow between the plastic and the ground. Weigh down the center of the plastic, if necessary, to prevent the wind from lifting it. Use greenhouse repair tape for any rips that occur during the season.
- 3. Remove the plastic in early fall before the weather cools and the area beneath the plastic is recolonized by nearby rhizomatous weeds.
- 4. Immediately plant the pollinator seed mix. Refer to Planting Methods section of this document for specific bed preparation recommendations.

NOTE: Solarization may not be as effective in years when summer sun or high temperatures are limited. <u>Do not till</u>. Avoid any ground disturbance that may bring up additional weed seed. An additional year of site preparation is recommended if weed pressure is particularly high.



Sweat bee (Agapostemon spp.) on purple coneflower (Echinacea purpurea). Photograph by Nancy Lee Adamson, The Xerces Society.

Planting Methods

Recommended planting methods are site-specific. Factors such as equipment availability should be taken into consideration. Installing and maintaining habitat should fit into general farm management practices as much as possible. Pre-project site conditions, especially weed competition, should be addressed prior to planting. Table 2 (below) covers several planting options.

Seeding Wildflowers: Planting from seed can be a lower-cost way to establish wildflowers. Seeding requires excellent site preparation to reduce weed pressure since weed control options are limited when the wildflowers start to germinate. Most native wildflowers are best planted in the late fall.

Grain drills, unlike native seed drills, are usually not designed to handle wildflower seeds, many of which are very small. However, with simple modifications, most types of grass-seed planters or granulated fertilizer spreaders can be used with good results. Table 2 outlines several possible seeding methods.

Newly-planted areas should be clearly marked to protect them from herbicides or other disturbances.

Figure 3

Below, an established pollinator meadow in early summer. Dominant flowers in bloom are black-eyed Susans (Rudbeckia hirta), purple coneflower (Echinacea purpurea), and wild bergamot (Monarda fistulosa)



(Photograph by Nancy Lee Adamson, The Xerces Society.)

Methods for Planting Wildflower Seed Table 2

METHOD: BROADCAST SEEDERS OR HAND-BROADCASTING (THROWING SEED)							
 Pros Inexpensive Easy to use Can often accommodate poorly-cleaned seed Many models and sizes of broadcasters are commonly available, including hand-held crank and larger tractor- or ATV-mounted models 	 Cons Requires a smooth seed bed Seed should be pressed into the soil after planting Difficult to calibrate Some models of broadcast seeders cannot accommodate large seeds 						
 hand-raked or harrowed to break up crusted surfaces, but d seed). 2. Seeds of similar sizes can be mixed together and bulked up w clay-based kitty litter, gypsum, or polenta (fine cornmeal). U These inert carriers ensure even seed distribution in the mix, calibration easier. 3. The broadcast-seeding equipment used should have a flow of your smallest wildflower seed. Models with an internal according to the section of the sect	ng a smooth, lightly-packed seed bed. The soil surface can be lightly <u>o not cultivate</u> the site (cultivation will bring up additional weed with an inert carrier ingredient such as sand, fine-grained vermiculite, lise two to three parts bulking agent for each part seed by volume. provide visual feedback on where seed has been thrown, and make gate that closes down small enough to provide a slow, steady flow gitator are also preferred. Planting should begin with the flow gate cular passes over the seed bed for even distribution. Very large seed ppening.						

4. For small sites (e.g., less than one to two acres), seed can also be hand broadcast (similar to scattering poultry feed). When handbroadcasting, divide the seed into at least two batches, bulk the seed mix with an inert carrier, and sow each batch separately (scatter the first batch evenly over the site while walking in parallel passes across the site, and then walk in passes perpendicular to the previous passes to scatter the second batch) to ensure seed is evenly distributed.

5. Regardless of how it is broadcast, do not cover the seed with soil after planting. A water-filled turf grass roller (available for rent at most hardware stores) or a cultipacker should be used to press the seed into the soil surface. Natural precipitation or light overhead irrigation can also help ensure good seed-soil contact. Floating row-cover can be used, if necessary, to protect seeds and small seedlings against predation.

Pros Cc • Inexpensive Easy to use • Even seed dispersal Can accommodate both large and small seed • Many models and sizes are commonly available (hand-powered turf grass seeders are most common, but larger	 ns Requires a smooth, level seed bed Seed should be pressed into the soil after planting Hand-powered models are time consuming for large areas (over ½ acre) Calibration requires trial and error
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- Remove as much stubble as possible prior to seeding, creating a smooth, lightly-packed seed bed. The soil surface can be lightly hand-raked or harrowed to break up crusted surfaces, but <u>do not cultivate</u> the site (cultivation will bring up additional weed seed).
- 2. Seed of similar sizes can be mixed together and bulked up with an inert carrier ingredient such as sand, fine-grained vermiculite, clay-based kitty litter, gypsum, or polenta (fine cornmeal). Use two to three parts bulking agent for each part seed by volume. These inert carriers ensure even seed distribution in the mix, provide visual feedback on where seed has been thrown, and make calibration easier. Planting should begin with the drop gate set to the narrowest opening, to allow at least two perpendicular passes over the seed bed for even distribution. Very large seed can be planted separately with the drop gate set to a wider opening.
- 3. Do not cover the seed after planting. A water-filled turf grass roller (available for rent at most hardware stores) or a cultipacker should be used to press the seed into the soil surface. Natural precipitation or light overhead irrigation can also help ensure good seed-soil contact. Floating row-cover can be used, if necessary, to protect seeds and small seedlings against predation.

METHOD: NATIVE SEED DRILLS (DRILLING SEED)							
 Pros Convenient for planting large areas Seed box agitators and depth controls are designed specifically for planting small and fluffy native seeds at optimal rate and depth Can plant into a light stubble layer Seeds are planted in even rows, allowing for easier seedling recognition Does not require seed to be pressed into soil surface after planting (e.g., cultipacking) 	 Requires a tractor and an experienced operator to set planting controls Seed with a lot of chaff can clog delivery tubes 						

Basic Instructions:

- 4. Plant only when the soil is dry enough to prevent sticking to the coulters. Under wet conditions, small seed is likely to stick to mud-caked parts of the drill, rather than the ground.
- 5. Keep seed separated by species until ready to plant. Prior to planting, seed should be organized into batches of large smooth seed, small smooth seed, and tufted seed that does not flow easily. Loosely fill seed boxes (do not compact seed into them) with the appropriate seed batch for each box. Seed quantities that do not cover the agitator should be planted using some other method, since the drill is difficult to calibrate for small volumes of seed.
- 6. As a general rule, the planting depth for a particular seed should be no more than 1.5x its diameter. To achieve this for most wildflower seed, set the depth controls to plant no deeper than 1/4" (consult with the seed vendor for specific guidelines on very sandy soils). Small wildflower seed should be planted on the soil surface. Stop periodically to check planting depth.
- 7. Operate the drill at less than 5 mph, stopping periodically to check for any clogging of planting tubes (usually observed as a seedbox that is remaining full). Clogging is most common with fluffy seed, or seed with a lot of chaff. Avoid backing up the drill as it will likely cause clogging.

For information on native seed drill calibration, see NRCS publication: www.plant-materials.nrcs.usda.gov/pubs/mipmctn10591.pdf



Bumble bee on sneezeweed (Helenium autumnale). (Photograph by Kelly Gill, The Xerces Society.)

METHOD: TRANSPLANTING FORBS AND WOODY PLANTS								
 Pros Provides mature nectar and pollen resources more quickly Does not require specialized planting equipment (except for large trees) Preferred for plants with limited seed availability, which are expensive or difficult to establish from seed Transplants can be established more easily in weedy sites with adequate mulching 								

Basic Instructions:

- 1. Regular shovels are adequate for transplanting most container stock. However, dibble sticks or mechanical transplanters are sometimes helpful for plug-planting. Power augers and mechanical tree spades can be helpful for larger plants.
- 2. Plant size at maturity should be considered when planting. Most woody shrubs can be spaced on 4' to 10' centers (depending upon size at maturity), with most herbaceous plants spaced closer on 2' to 3' centers. It is helpful to measure the planting areas prior to purchasing transplants, and to stage the transplants in the planting area prior to installing them in the ground.
- 3. Transplanting can occur any time the ground can be worked, but should be timed to avoid prolonged periods of hot, dry, or windy weather. Regardless of when planting occurs, however, the transplants should be irrigated thoroughly immediately after planting. Holes for plants can be dug and pre-irrigated prior to planting as well. Follow-up irrigation is dependent upon weather and specific site conditions, but generally even native and drought tolerant plants should be irrigated with at least 1" of water per week (except during natural rain events), for the first two years after establishment. Long, deep watering is best to encourage deep root system development and shallow irrigation should be avoided. Drip irrigation is useful, and other methods that allow for deep watering can be successful. It is advisable to irrigate at the base of plants and avoid overhead irrigation that would encourage weed growth. Once plants are established, irrigation should be removed or greatly decreased. Non-native plants may require more frequent irrigation, and may still require supplemental irrigation once established.
- 4. Most of the plants in the Appendix are adapted to a variety of soil conditions and do not need any specific amendments. However, in areas where the soil is compacted, degraded, or depleted, compost should be used during planting. Compost should be free from weed seeds, aged properly, and mixed thoroughly with soil in the holes during planting.
- 5. In cases where rodent damage may occur, below-ground wire cages are recommended. Similarly, plant guards may be needed to protect plants from above ground browsing or antler damage by deer. Newly-planted areas should be clearly marked to protect them from herbicides or other disturbances.
- 6. Mulching is recommended to reduce weed competition and to retain moisture during the establishment phase. Recommended materials include wood chips, bark dust, weed-free straw (e.g., rice straw), nut shells, grape-seed pumice, or other regionally appropriate mulch materials that contain <u>no</u> viable seeds.
- Figure 3 Transplanting forbs and shrubs may be preferred for plants that are difficult to establish from seed, have limited availability, or take longer to mature. Milkweed (*Asclepias* spp.)—the monarch butterfly's host plant—is a slow-growing perennial that usually blooms in its second year. As milkweed is an important resource for both monarch butterflies and native bees, mature milkweed transplants may be recommended for certain restoration projects. From left to right, swamp milkweed (*Asclepias incarnata*), butterfly milkweed (*A. tuberosa*), and common milkweed (*A. syriaca*).



(Photograph by Kelly Gill, The Xerces Society.)



(Photographs courtesy of Tom Potterfield, flickr.com.)



Planting Method Photos

Figure 4

For broadcast seeding, seed of similar size is mixed together (left). Sand or another inert carrier is added (at a ratio of at least 2:1) and then mixed (middle left),
 and the mix is divided into separate batches (middle right) for broadcasting in more than one pass (to ensure adequate coverage). When hand-broadcasting seed, walk in perpendicular passes over the entire planting area (right).



(Photographs by Brianna Borders, The Xerces Society.)

Figure 5 Native wildflower seed should be planted directly on the soil surface (left). After broadcasting, roll the site with a turf roller (middle) or cultipacker (right).



(Photographs by Brianna Borders, The Xerces Society.)



(Photograph courtesy of Regina Hirsch, University of Wisconsin.)

Figure 6

Hand-crank "belly grinder" type seeders (left) are inexpensive and can broadcast seed more evenly than hand-scattering on larger sites. Similarly, lawn fertilizer spreaders (right) are another commonly available tool for broadcasting seed. In both cases, models with internal agitators are preferred to prevent clogging. For best results, divide the seed into separate batches, grouping seed of similar sizes for planting together with the flow gate adjusted accordingly.



(Photographs courtesy of the New Hampshire NRCS.)

Note: It can be difficult to plant very large and very small seed together in a single seed mix using mechanical broadcasters. Use an inert carrier (such as sand) and walk in at least two perpendicular passes to ensure the most even seed distribution possible.

Figure 7

Native seed drills are the ideal tool for large planting sites (5+ acres). Typical models can plant in a light stubble layer, have depth controls for optimal seed placement, and have separate seed boxes for different sizes of seed. Such drills need an experienced operator and careful calibration.



(Photograph by Eric Lee-Mäder, The Xerces Society.)

Maintenance During Establishment (Short-Term)

Weed control is critical in the first and second years after planting. If the site is well prepared, then less effort will be required for weeding after project installation. Maintenance practices must be adequate to control noxious and invasive species and may involve tools such as mowing, burning, hand-hoeing, or spot-spraying with herbicides.

Weeds should be prevented from going to seed in, or adjacent to, the project area during the first two years (and possibly three) after planting to help ensure long-term success. Familiarity with the life cycle of weeds will facilitate appropriate timing of management activities. Since young wildflower and weed seedlings may look alike, care should be taken to properly identify weeds before removal.

Common weed-management strategies include:

- **Spot-spraying:** Spot-spraying with herbicides can be effective, relatively inexpensive, and require minimal labor, even on larger project areas. Care should be taken so that herbicides do not drift or drip onto desirable plant species. Spot-spraying is usually performed with backpack spraying, or occasionally with rope-wick implements (when weed growth is substantially taller than newly established wildflowers).
- Selective Herbicides: Grass-selective herbicides can be used to control weedy grasses in broadleaf plantings. Contact a local crop advisor or Extension specialist for appropriate herbicide selection and timing.
- Managing Irrigation: Most wildflowers established from seed thrive with little or no supplemental irrigation. Keeping irrigation to a minimum helps native wildflowers out-compete non-native weedy species that sometimes have higher soil moisture requirements. Similarly, when irrigation is needed for transplants, it should be supplied at the base of the transplant whenever possible—through drip irrigation, for example—to avoid watering nearby weeds.
- Mowing/ String-trimming: Mowing or stringtrimming can be utilized to keep weedy species from shading out other plants and to prevent them from going to seed. Mowing is especially useful when establishing wildflower plots of perennial species. When planted with perennial seed mixes, sites can be mowed occasionally-ideally as high as mower settings allowduring the first year after planting to prevent annual and biennial weeds from flowering and producing seed. Perennial wildflowers are slow to establish from seed, and are usually not harmed by incidental mowing in the first year after planting. Mowing can also be used on plots of re-seeding annuals at the end of the growing season to help shatter wildflower seedpods, and to reduce woody plant encroachment. Mowing and stringtrimming can also be useful around woody transplants to manage nearby weeds.
- Hand-weeding: Hand-weeding (including hoeing) can be effective in small areas with moderate weed pressure. Hand-weeding will likely be necessary in forb plots to eliminate broadleaf weeds during the first few seasons.
- Figure 8 Short Term: In the first spring after seeding the previous fall, this planting site is dominated by annual and biennial weeds like wild radish (left). Mowing the site periodically during the first year (ideally as high as mower settings allow) will prevent these short-lived weeds from producing more seed, and allow sunlight to reach the slower-growing natives (middle), which are generally unharmed by the occasional mowing. Long Term: Flourishing wildflowers and pollinator habitat in the second year after planting (right).



(Photographs by Eric Lee-Mäder, The Xerces Society.)



(Photograph courtesy of Don Keirstead, New Hampshire NRCS.)

Operations and Maintenance (Long-Term)

Control herbivores as needed, but remove tree guards or other materials that could impede plant growth as soon as possible after establishment. In most cases, irrigation can be removed from transplants by the end of the second year after planting. Continue to protect habitat from pesticides and herbicides except when necessary to control noxious or invasive plants. Ongoing herbicide use (spot-treatment) or occasional hand-weeding may be necessary to control noxious weeds. Maintain the long-term plant diversity of pollinator habitat by re-seeding or re-planting as necessary.

Wildflower plantings generally need to be managed over time to maintain open, early successional characteristics. The actual management will depend on the size and location of the habitat. Possible management tools/ techniques include mowing or burning. If mowing is used, be sure all equipment is clean and free of weed seed. Do not mow or burn during critical wildlife nesting seasons (consult your state wildlife biologist for specific guidance). After establishment, no more than 30% of the habitat area should be mowed or burned in any one year to ensure sufficient undisturbed refuge areas for pollinators and other wildlife.

Finally, note that some common farm management practices can cause harm to bees and other beneficial insects. Insecticides are especially problematic, including some insecticides approved for organic farms. Therefore, if insecticide spraying is to occur on the farm, it is <u>critical</u> that the Conservation Cover planting area is outside of the sprayed area and/ or protected from application and drift.

Figure 9 Grow tubes or trunk protectors may help during establishment to reduce browsing by herbivores and trunk damage from mowers or weeding operations (left), but should be removed as soon as possible to avoid impeding plant growth. Most transplants will benefit from 1" of water per week during the first two years of establishment, either from natural rainfall or irrigation, such as drip-irrigation (right).



(Photograph by Jessa Kay Cruz, The Xerces Society.)



(Photograph by Eric Lee-Mäder, The Xerces Society.)

Figure 10 Newly-planted areas should be clearly marked to protect them from herbicides or other disturbances (left). Using signs such as the one on the right can be a useful tool to designate protected pollinator habitat.



(Photograph by Kelly Gill, The Xerces Society.)



Note: Due to wildlife safety concerns, we recommend attaching habitat signs to the top hole of the fence post or plugging the top hole with a bolt and nut. Alternatively, posts which do not have holes—such as solid wood stakes—should be used.

Sample Seed Mixes

The following sample seed mixes are formulated for a one-acre planting area. For larger areas, increase the rate accordingly. To create custom seed mixes, see recommended species master list on page 13 or the references section for vendors (for established or custom mixes). *Plants listed by first season of bloom, then alphabetically.*

These example seed mixes are formulated for areas with high weed pressure; which are characterized by:

- Persistent, year-round cover of undesirable plants (covering the entire surface of the site);
- Sites where weeds have been actively growing (and producing seed) for multiple years;
- Sites dominated by introduced sod-forming grasses and rhizomatous forbs (e.g., Canada thistle).

In areas where there is low weed pressure—such as previously cropped lands that have been cultivated for several years—decrease the seed mix by $\frac{1}{3}$, for a total of **40 seeds per square foot**.

Always consult your technical specialist before making adjustments to any seed mix.

Example Upland Dry Site Pollinator Seed Mix

This mix is designed to provide season-long pollen and nectar resources on any sunny, dry upland site.

COMMON NAME	SCIENTIFIC NAME	% OF MIX	SEEDS/ FT ²	LBS/ AC.	BLOOM TIME
Golden Alexanders	Zizia aurea	1%	0.6	0.15	Early
Wild blue indigo	Baptisia australis	0.2%	0.12	0.24	Early
Ohio spiderwort	Tradescantia ohiensis	2%	1.2	0.41	Early–Mid
Smooth penstemon	Penstemon digitalis	9.8%	5.88	0.14	Early–Mid
Black-eyed Susan	Rudbeckia hirta	1%	0.6	0.02	Mid‡
Butterfly milkweed	Asclepias tuberosa	2%	1.2	0.75	Mid
Common milkweed	Asclepias syriaca	0.5%	0.3	0.19	Mid
Dotted mint	Monarda punctata	13.5%	8.1	0.24	Mid
Partridge pea	Chamaecrista fasciculata	1%	0.6	0.4	Mid (A)
Purple coneflower	Echinacea purpurea	9%	5.4	2.03	Mid
Virginia mountain mint	Pycnanthemum virginiana	10%	6	0.07	Mid
Wild bergamot	Monarda fistulosa	15%	9	0.31	Mid
Cup plant	Silphium perfoliatum	0.5%	0.3	0.52	Mid–Late
Marsh blazing star	Liatris spicata	1%	0.6	0.26	Mid–Late
Gray goldenrod	Solidago nemoralis	3%	1.8	0.08	Late
New England aster	Symphyotrichum novae-angliae	4%	2.4	0.1	Late
Wrinkleleaf goldenrod	Solidago rugosa	3%	1.8	0.08	Late
Big bluestem	Andropogon gerardii	5.5%	3.3	1.03	_
Indian grass	Sorghastrum nutans	5.5%	3.3	0.82	_
Little bluestem	Schizachyrium scoparium	12.5%	7.5	1.63	_
TOTALS		100%	60	9.46	

Dry Site Pollinator Seed Mix Notes:

1. Bloom Time comments: **‡** = Short-lived biennial, (A) = Annual

Example Wetland Pollinator Seed Mix

COMMON NAME	SCIENTIFIC NAME	% OF MIX	SEEDS/ FT ²	LBS/ AC.	BLOOM TIME
Golden Alexanders	Zizia aurea	2%	1.2	0.3	Early
Virginia spiderwort	Tradescantia virginiana	1%	0.6	0.15	Early–Mid
Black-eyed Susan	Rudbeckia hirta	1%	0.6	0.02	Mid‡
Culver's root	Veronicastrum virginicum	8%	4.8	0.03	Mid
Great blue lobelia	Lobelia siphilitica	8.5%	5.1	0.03	Mid
Purple coneflower	Echinacea purpurea	8%	4.8	1.8	Mid
Swamp milkweed	Asclepias incarnata	1%	0.6	0.37	Mid
Wild bergamot	Monarda fistulosa	8%	4.8	0.16	Mid
Blue vervain	Verbena hastata	8%	4.8	0.14	Mid–Late
Boneset	Eupatorium perfoliatum	8.5%	5.1	0.11	Mid–Late
Cup plant	Silphium perfoliatum	0.5%	0.3	0.52	Mid–Late
Joe Pye weed	Eutrochium fistulosum	6%	3.6	0.23	Mid–Late
Sneezeweed	Helenium autumnale	4%	2.4	0.05	Mid–Late
Wingstem	Verbesina alternifolia	2%	1.2	0.36	Mid–Late
Grassleaf goldenrod	Euthamia graminifolia	5%	3	0.02	Late
New England aster	Symphyotrichum novae-angliae	5%	3	0.12	Late
New York ironweed	Vernonia noveboracensis	3%	1.8	0.26	Late
Big bluestem	Andropogon gerardii	9%	5.4	1.63	
Fox sedge	Carex vulpinoidea	6.5%	3.9	0.13	
Tussock sedge	Carex stricta	5%	3	0.07	_
TOTALS		100%	60	6.52	

Wetland Site Pollinator Seed Mix Notes:

- 1. Bloom Time comments: **‡** = Short-lived biennial.
- Figure 11 Many species of native bees emerge in early spring, which is why it is essential to include plants that bloom early in the season. Clockwise from top left: golden Alexanders (*Zizia aurea*)¹, wild blue indigo (*Baptisia australis*)², spiderwort (*Tradescantia* spp.)³, lanceleaf coreopsis (*Coreopsis lanceolata*)⁴, wild lupine (*Lupinus perennis*)⁵, and smooth penstemon (*Penstemon digitalis*)⁶.



(Photographs by Nancy Lee Adamson, The Xerces Society^{1,4}; and courtesy of Mike², Brett Whaley³, Joshua Mayer⁵, and Tom Potterfield⁶—via flickr.com.)

Master Plant Lists

Recommended Native Wildflowers for Pollinators

COMMON NAME	SCIENTIFIC NAME	LIFE CYCLE ¹	MAX HT.	WATER NEEDS ²	PLANT COMMENTS			
Early Season Blooming Species								
Golden Alexanders	Zizia aurea	Р	3′	Н	Adapted to disturbance; spreads by rhizomes			
Wild blue indigo ³	Baptisia australis	Р	5′	М	Legume; slow to establish			
Wild lupine ³	Lupinus perennis	Р	2'	L	Legume; prefers sandy soil; Karner blue host plant			
	Early–Mid Season Blooming Species							
Lanceleaf coreopsis	Coreopsis lanceolata	Р	2'	L	Low-cost seed			
Smooth penstemon	Penstemon digitalis	Р	2'	М	Establishes quickly			
Spiderwort	Tradescantia spp.	Р	2'	М	Multiple species available			
Wild beardtongue	Penstemon hirsutus	Р	2'	L				
	Mid Se	ason Blo	oming	Species				
Black-eyed Susan	Rudbeckia hirta	B, P	2–3′	L	Short-lived			
Butterfly milkweed ⁴	Asclepias tuberosa	Р	3′	L	Monarch butterfly host plant; prefers sandy soil			
Common milkweed ⁴	Asclepias syriaca	Р	6'	М	Monarch butterfly host plant			
Culver's root	Veronicastrum virginicum	Р	5′	Н				
Dotted mint	Monarda punctata	A, B, P	3′	L	Prefers sandy soil; establishes quickly			
Great blue lobelia	Lobelia siphilitica	Р	3′	Н	Prefers part-shade and fertile soil			
Lavender hyssop	Agastache foeniculum	Р	5′	М	Establishes quickly			
Partridge pea ³	Chamaecrista fasciculata	A	2'	L	Legume; favors disturbed sites, butterfly host plant			
Purple coneflower	Echinacea purpurea	Р	4'	М	Establishes quickly			
Swamp milkweed ⁴	Asclepias incarnata	Р	5′	M–H	Monarch butterfly host plant			
Virginia mountain mint	Pycnanthemum virginianum	Р	3′	М				
Wild bergamot	Monarda fistulosa	Р	4'	М	Establishes quickly			
	Mid–Late	Season	Bloomi	ing Specie	25			
Blue mistflower	Conoclinium coelestinum	Р	2'	М	Can be weedy			
Blue vervain	Verbena hastata	Р	5'	н				
Boneset	Eupatorium perfoliatum	Р	5′	Н	Prefers fertile soil			
Cup plant	Silphium perfoliatum	Р	8′	М	Occasionally aggressive; stems provide nest sites			
Field thistle	Cirsium discolor	B, P	6'	М	Short-lived; not aggressive (<u>native</u> species)			
Joe Pye weed	Eutrochium fistulosum	Р	7'	Н	Prefers part-shade and fertile soil			
Marsh blazing star	Liatris spicata	Р	4'	М	Prefers sandy soils			
Purple giant hyssop	Agastache scrophulariifolia	Р	5′	М				
Sneezeweed	Helenium autumnale	Р	2–5′	н	Prefers moist, fertile soil; toxic to livestock			
Wild golden glow	Rudbeckia laciniata	Р	7'	Н	Spreads by rhizomes; tolerates occassional flooding			
Wingstem	Verbesina alternifolia	Р	6'	M–H	Prefers moist soils			
Yarrow	Achillea millefolium	Р	2'	L	Very aggressive; spreads by rhizomes			



Sweat bee on partridge pea (Chamaecrista fasciculata). (Photograph courtesy of Tom Potterfield, flickr.com.)

COMMON NAME	SCIENTIFIC NAME	LIFE CYCLE ¹	MAX HT.	WATER NEEDS ²	PLANT COMMENTS			
Late Season Blooming Species								
Bottle gentian	Gentiana andrewsii	Р	2′	М	Not drought tolerant; difficult to establish from seed, establish from transplants			
Calico aster	Symphyotrichum lateriflorum	Р	3′	М	Prefers part-shade			
Grassleaf goldenrod	Euthamia graminifolia	Р	3′	Н	Drought tolerant			
Gray goldenrod⁵	Solidago nemoralis	Р	2′	L	Tolerates a variety of soil conditions; smaller and less aggressive than other <i>Solidago</i> spp.			
New England aster	Symphyotrichum novae-angliae	Р	6′	М	Can be aggressive			
New York ironweed	Vernonia noveboracensis	Р	7′	Н	Tolerates a variety of soil conditions; prefers moist soils but will tolerate regular to dry sites			
Showy goldenrod⁵	Solidago speciosa	Р	5′	М	Prefers part-shade; can be aggressive in moist soils			
Wrinkleleaf goldenrod ⁵	Solidago rugosa	Р	4′	М	Highly variable in appearance			

Recommended Native Wildflowers for Pollinators Notes:

- 1. Life Cycle abbreviations: P = perennial, A = annual, B = biennial.
- 2. Water Needs abbreviations: L = low, M = medium, H = high.
- 3. Legume—rich in nitrogen and attractive to a wide variety of wildlife.
- 4. Milkweed (Asclepias spp.) attract and support an incredible range of pollinators and beneficial insects; most species tolerate clay soils and wet or dry conditions.
- 5. Goldenrods (*Solidago* spp.), shown below, are vital for fall-migrating monarchs and pre-hibernation bumble bee queens; host plants for 12+ moth species.
- Figure 12 When designing a custom plant list, individual species should be chosen so that there are <u>consistent and adequate</u> floral resources throughout the seasons—a minimum of three species from each blooming period (early, mid, and late season) should be included. Late season floral resources are particularly important to pre-hibernation bumble bee queens and migrating monarch butterflies, in addition to many other pollinators. Clockwise, from top left: cup plant (*Silphium perfoliatum*)¹, New England aster (*Symphyotrichum novae-angliae*)², wild golden glow (*Rudbeckia laciniata*)³, New York ironweed (*Vernonia noveboracensis*)⁴, goldenrod (*Solidago* spp.)⁵, and marsh blazing star (*Liatris spicata*)⁶, are late blooming plants that support pollinators from late summer into fall.



(Photographs courtesy of Tom Potterfield^{1,3}, Peter Gorman², Chesapeake Conservation Landscaping Council⁴, Henry T. McLin⁵, and Ken Slade (TexasEagle)⁶—via flickr.com.)

Native Grasses and Sedges for Pollinator Seed Mixes

Note: Grasses and sedges should ideally comprise no more than 25% of seed mixes on pollinator sites.

COMMON NAME	SCIENTIFIC NAME	MAX HT.	WATER NEEDS ¹	PLANT COMMENTS ²
Big bluestem	Andropogon gerardii	8'	М	Can be aggressive at high seeding rates
Fox sedge	Carex vulpinoidea	3′	Н	Tolerates occasional flooding
Indian grass	Sorghastrum nutans	7'	М	Can be aggressive at high seeding rates
Little bluestem	Schizachyrium scoparium	3′	L	Considered a weed in cranberry bogs
Pennsylvania sedge	Carex pensylvanica	1.5′	М	Prefers part-shade
Tussock sedge	Carex stricta	4'	Н	Tolerates occasional flooding

Native Grasses and Sedges for Pollinator Seed Mixes Notes:

- 1. Water Needs abbreviations: L = low, M = medium, H = high.
- 2. All species are perennials.

COMMON NAME	SCIENTIFIC NAME	LIFE CYCLE ¹	MAX HT.	WATER NEEDS ²	PLANT COMMENTS			
Early Season Blooming Species								
Alsike clover ³	Trifolium hybridum	A	2′	Н	Legume			
Crimson clover ³	Trifolium incarnatum	Α	1.5′	М	Legume; not freeze-tolerant, spring-seeded in cold climates			
Hairy vetch ³	Vicia villosa	A	1.5′	М	Legume ; fall-seeded; aggressive at high seeding rates			
Lacy phacelia	Phacelia tanacetifolia	A	2′	L	Not freeze-tolerant, spring-seeded in cold climates			
Early-Mid Season Blooming Species								
Blue flax	Linum perenne	Р	2′	Med				
Red clover ³	Trifolium pratense	Р	1′	М	Legume; aggressive at high seeding rates			
Mid Season Blooming Species								
Alfalfa	Medicago sativa	Р	2′	М	Susceptible to frost heaving			
Blanketflower	Gaillardia aristata	Р	2′	L	Low cost seed; thrives in disturbed sites			
Borage	Borago officinalis	A	1.5′	М	Not freeze-tolerant, spring-seeded in cold climates			
Buckwheat	Fagopyrum esculentum	Α	2′	М				
Mexican hat	Ratibida columnifera	Р	3′	М				
Yellow sweet clover ³	Melilotus officinalis	В	5′	М	Legume			
Mid-Late Season Blooming Species								
Common sunflower	Helianthus annuus	А	9'	М				
Cosmos	Cosmos bipinnatus	А	5′	М	Select single-petal varieties for pollinators			

Non-Native Annual Plants for Insectary Meadows and Cover Crops Notes:

- 1. Life Cycle abbreviations: P = perennial, A = annual, B = biennial.
- 2. Water Needs abbreviations: L = low, M = medium, H = high.
- 3. Legume—rich in nitrogen and attractive to a wide variety of wildlife.



Little bluestem (Schizachyrium scoparium) intermixed with native wildflowers in a Pennsylvania pollinator meadow. (Photograph courtesy of Tom Potterfield, flickr.com.)

Regional Native Seed Vendors and Native Plant Nurseries

Inclusion on this list does not constitute an endorsement. Other vendors not listed below may also have suitable plant materials. Before ordering, ensure that all plants or seeds purchased for pollinator habitat have <u>NOT</u> been treated with systemic insecticides.

Aquascapes Unlimited Inc. (*T*) • Pipersville, PA 215-766-8986 • <u>www.aquascapesunlimited.com</u>

Arch(E)Wild (*T*) • Quakertown, PA 855-752-6862 • <u>http://archewild.com</u>

Bowman's Hill Wildflower Preserve (S&T) • New Hope, PA 215-862-1846 • www.bhwp.org

Edge of the Woods Native Plant Nursery (*T*) • Orefield, PA 610-395-2570 • <u>www.edgeofthewoodsnursery.com</u>

Ernst Conservation Seed (S&T) ・ Meadville, PA 800-873-3321 ・ <u>www.ernstseed.com</u>

Green Light Plants, *Organic Nursery* (*T*) • Landenberg, PA 610-633-7637 • www.greenlightplants.com

Mid Atlantic Natives (*T*) • New Freedom, PA 717-227-0924 • <u>www.midatlanticnatives.com</u>

North Creek Nurseries (*T*) • Landenberg, PA 610-255-0100 • <u>www.northcreeknurseries.com</u>

Notes: Transplants Only (T), Seeds & Transplants (S&T), *Wholesale only

Northeast Natives & Perennials (*T*) • Quakertown, PA 215-901-5552 • <u>www.nenativesandperennials.com</u>

Octoraro Native Plant Nursery (*T*) • Kirkwood, PA 717-529-3160 • <u>www.octoraro.com</u>

Pinelands Nursery (S&T)*Columbus, NJ609-291-9486www.pinelandsnursery.com

Redbud Native Plant Nursery (*T*) • Glen Mills, PA 610-358-4300 • www.redbudnativeplantnursery.com

Sugarbush Nursery (*T*) • Mohnton, PA 610-856-0998 • www.sugarbushnursery.com

Sylva Native Nursery and Seed (S&T)Glen Rock, PA717-227-0486•www.sylvanative.com

Wetland Supply Company (*S&T*) • Apollo, PA 724-727-3772 • <u>http://wetlandsupply.com</u>

Yellow Springs Farm Native Plant Nursery (*T*) • Chester Springs, PA 610-827-2014 • <u>www.yellowspringsfarm.com</u>

References & Resources

SEED MIX CALCULATOR & ADDITIONAL RESOURCES

Xerces Society Seed Mix Calculator

Develop your own pollinator conservation seed mix using this seed rate calculator.

www.xerces.org/pollinators-northeast-region/xerces-seed-mixcalculator/

Pollinator Conservation Resource Center

For additional information on pollinator plant lists, conservation guides, pesticide protection and more.

www.xerces.org/pollinator-resource-center

Attracting Native Pollinators: Protecting North America's Bees and Butterflies

This comprehensive book on pollinator conservation includes information about pollinator ecology, guides for identifying common bees, and habitat designs for multiple landscapes.

www.xerces.org/announcing-the-publication-of-attracting-native-pollinators/

SEEDLING IDENTIFICATION

USDA-NRCS Central Region Seedling Identification Guide for Native Prairie Plants

Many of the plant species recommended in this guide are featured in a series of seedling photos in this downloadable resource.

www.nrcs.usda.gov/Internet/FSE_PLANTMATERIALS/publications/ mopmcpu6313.pdf

Bonestroo Prairie Seedling and Seeding Evaluation Guide

Many of the plant species recommended in this guide are featured in a series of seedling photos in this resource. The publication also includes guidelines for assessing establishment success of seeded native grass and wildflower plots.

www.prairiemoon.com/books/identification-guides/prairie-seedlingand-seeding-evaluation-guide.html

WEED IDENTIFICATION & CONTROL

Weeds of the Northeast

This PLANTS database collection highlights key weeds of the Northeast with species-level PLANTS profiles. Inclusion on the list is based upon references in multiple weed science publications. www.plants.usda.gov/java/invasiveOne?pubID=NEAST

Directory for Invasive Weeds of the Northeast

This database is an ongoing project at the Penn State Department of Plant Science to compile a comprehensive list of web-based information related to invasive weeds for the northeastern United States. <u>http://extension.psu.edu/pests/weeds/invasive-plants</u>

SITE PREPARATION & PLANTING GUIDELINES

Soil Solarization: A Nonpesticidal Method for Controlling Diseases, Nematodes, and Weeds

This fact sheet, produced by the University of California Cooperative Extension discusses the solarization process, including plastic selection, installation, removal, and underlying principles. http://vric.ucdavis.edu/pdf/soil_solarization.pdf

Seed Quality, Seed Technology, and Drill Calibration

This Washington NRCS Plant Materials Technical Note (no. 7. 2005) features extensive information on calibrating native seed drills, and the use of inert carriers.

www.plant-materials.nrcs.usda.gov/pubs/wapmctn6331.pdf

Notes:

Conservation Cover (327) for Pollinators: Pennsylvania Implementation Requirements/ Job Sheet

Client:	Farm #:	Date:	
Field(s):	Tract #:	Planned by:	
Client Conservation Objectives:			

Purpose

These Implementation Requirements/ Job Sheet documents the process of establishing nectar and pollen habitat for bees in the form of wildflower meadow plantings. Other natural resources may also benefit, depending on your conservation objectives and the integration of this habitat with other conservation practices. Installation shall be in accordance with these requirements and any attached drawings. **No changes are to be made without prior approval from the technical specialist who approved the installation plan.** For detailed instructions on each step in this Job Sheet, please see the *Conservation Cover (327) for Pollinators Installation Guide: Pennsylvania*.

Key Site Characteristics

Risk of pesticide drift on site?	gh	Very low to none		
Weeds: weed pressure, and primary weed species	of concern:	High weed pressu	re [Low weed pressure
Site history: historic and current plant cover, past	use of land, pre-em	ergent herbicide use, co	mpaction, et	:c.:
Soils and habitat: soil texture (coarse to fine), dra	inage, and moisture	level:		
Irrigation: availability and method (necessary if t	ransplants are to be	used):		
Other concerns or conservation goals that may a	ffect plant choice o	r site preparation and p	lanting:	
Plant Selection: Wildflower See the Appendix in the Installation Guide	r Seed Mix			
Dry Site Pollinator Seed Mix	Wetland Po	llinator Seed Mix	Cus	tom Seed Mix
Note any species substitutions here or attach cop	by of custom seed m	ix:		
Recommended seeding rate (weed pressure): Transplants may be preferred when seed is not av	-	r square foot (high) re is high, or when a par		eeds per square foot (low)
$T_{n-1} = 1 + 1 + 1 + 1 + 1 + 1 + 1 + 1 + 1 + 1$				

Transplants may be preferred when seed is not available, weed pressure is high, or when a particular species is difficult to establish by seed. Transplanting can be most cost-effective when using plug plants. Conservation Cover can also include woody plants. See *Hedgerow Planting* (422) for Pollinators Installation Guide and Job Sheet: Pennsylvania for suggested woody plants.

Note any woody or herbaceous species established from transplants here:

Site Preparation Method Choose an option and note any adjustments.

	Herbicide		Solarization			
	Severe weed pressure? (If so, an additional year of site prep or the use of transplants should be considered. See the <i>Installation Guide</i> for information on assessing weed pressure.)					
Adjustmo	ents:					
	ing Method					
Choose all o	ptions that apply and note any adjustments. Broadcasting: by machine or hand		Native seed drill			
	Drop-seeding		Transplants			
Adjustm	ents:					
	tenance During Establishment					
	Spot-spraying weeds with herbicide		Mowing/ string-trimming			
	Grass-specific or other selective herbicide		Hand-weeding and/ or -hoeing			
	Managing irrigation		Other:			
Adjustm	ents:					

Long Term Site Operations and Maintenance

Control herbivores as needed, but remove plant guards or other materials that could impede plant growth as soon as possible after establishment. In most cases, irrigation of transplants is no longer required by the end of the second growing season after planting. Maintain the long-term plant diversity of pollinator habitat by re-seeding or re-planting as necessary.

Finally, after establishment, no more than 30% of the habitat area should be mowed, grazed, or burned in any one year to ensure sufficient undisturbed areas for pollinators and other wildlife. Do not mow or burn during critical wildlife nesting seasons (consult your state wildlife biologist for specific guidance). Continue to protect habitat from pesticide applications and drift (especially insecticides and bee-toxic fungicides). Herbicide spot-treatments and hand-weeding may be used to control noxious or invasive plants.

Check Out and Certification Requirements

I certify that the above Design and Installation requirements (circle one) *have / have not* been met in accordance with the criteria of the Conservation Practice 327. The ______ acres of this practice installed on the locations covered by this job sheet were installed on the date(s) of ______.

Signature of Designated Conservationist or Technical Service Provider