



Conservation Cover (327) for Pollinators

PENNSTATE.

Pennsylvania

Installation Guide and Job Sheet



November 2014

The Xerces Society for Invertebrate Conservation

www.xerces.org

Acknowledgements

This material is based upon work supported by the Natural Resources Conservation Service, U.S. Department of Agriculture, under number 69-3A75-12-253. Any opinions, findings, conclusions, or recommendations expressed in this publication are those of the author(s) and do not necessarily reflect the views of the U.S. Department of Agriculture.



Financial support to the Xerces Society for the development of this guide was provided by the Audrey & J.J Martindale Foundation, Aveda Cascadian Farm, Ceres Trust, CS Fund, Disney Worldwide Conservation Fund, The Dudley Foundation, The Elizabeth Ordway Dunn Foundation, Endangered Species Chocolate, Sarah K. de Coizart Article TENTH Perpetual Charitable Trust, SeaWorld & Busch Gardens Conservation Fund, Turner Foundation, Inc., The White Pine Fund, Whole Foods Market and its vendors, Whole Systems Foundation, the Natural Resources Conservation Service (NRCS), and Xerces Society members.

The authors would like to thank the following collaborators with Pennsylvania NRCS: Gwendolyn Crews, Barry Isaacs, and Daniel Dostie, and the following collaborators with New Jersey NRCS: Tim Dunne, Evan Madlinger, Betsy McShane, and Chris Miller. We also thank Hank Henry (USDA–NRCS East National Technology Support Center), Paul Salon (NRCS Big Flats Plant Materials Center), and Terrence Salada (Pennsylvania State University Fruit Research and Extension Center).

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Revised edition

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Cover: Eastern tiger swallowtail (Papilio glaucus) and bumble bee (Bombus spp.) on common milkweed (Asclepias syriaca). Photograph courtesy of Tom Potterfield, flickr.com. Below: bumble bee on wild bergamot (Monarda fistulosa). Photograph by Eric Lee-Mäder, The Xerces Society.

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Conservation Cover (327) for Pollinators: Pennsylvania

Installation Guide

Purpose

These instructions provide in-depth guidance on how to install nectar and pollen habitat for bees in the form of wildflower meadow plantings. To plan a specific project, use this guide with the Implementation Requirements/ Job Sheet found at the end of this document.

Client Conservation Objectives

Depending on landowner objectives and project design, pollinator habitat may also provide food and cover for other wildlife, reduce soil erosion, protect water quality, and attract other beneficial insects—such as predators and parasitoids of crop pests.

Key Site Characteristics

Site selection for pollinator habitat should take the following into consideration:

- Pesticide Drift: Habitat must be protected from pesticides (especially insecticides and bee-toxic fungicides and herbicides). Only sites with no to very low risk for pesticide drift should be established as new habitat. This includes some pesticides approved for use on organic farms.
- **Accessibility:** New habitat should be accessible to equipment for planting and maintenance operations.
- **Sunlight:** Most wildflowers and native shrubs grow best in full sunlight.
- Slope: Steep or highly erodible sites should not be disturbed. For re-vegetating such sites, consider Critical Area Planting (342) or other suitable Practice Standards.
- Weed Pressure: Areas with high weed pressure will take more time and effort to prepare for planting. It is also important to note the primary weed composition. Knowing the most abundant weed species on site, their reproductive methods, and whether they are grass or broadleaf, perennial or annual, and woody or herbaceous, will help significantly in planning for site preparation and follow-up weed management during establishment.
- Site History: Factors such as past plant cover (e.g., weeds, crops, grass sod, and/ or native plants), use of pre-emergent herbicides or other chemicals, and soil compaction can affect plant establishment. It is also important to know if sites may have poor drainage or may flood, as such conditions make habitat establishment more difficult and require a plant mix adapted for the site.
- Soils and Habitat: Most plants listed in the Appendix
 of this guide are tolerant of many soil conditions and
 types, however all plants establish better when matched
 with appropriate conditions.
- **Irrigation:** Establishing plants from plugs, pots, or bare root will require irrigation. Irrigation is generally not needed for plantings established from seed.
- Other Functions: The site may offer opportunities to serve other functions, such as run-off prevention, stream bank stabilization, wildlife habitat, or windbreaks. Those factors can influence plant choice and/ or design.

Figure 1 Pollinator plantings can serve other functions, such as habitat for wildlife or beneficial insects. This diverse pollinator meadow provides a variety of forage and nesting sites for native bees, beneficial insects, and more.



(Photograph by Kelly Gill, The Xerces Society.)

Plant Selection

Native Plants: Plant species selection should be limited to plants providing pollen- and nectar-rich forage resources for bees. The inclusion of warm-season bunch grasses is appropriate at a low percentage of the mix by seed per square foot (e.g., 25% or less), but may limit options for use of grass-selective herbicides if grass weeds are a primary concern. The Appendix provides specific seed mixes for dry and wetland sites, and a master list of acceptable plants for Pennsylvania.

If you are designing a custom plant list, individual species should be chosen so that there are consistent and adequate floral resources throughout the seasons. In order to achieve this goal, a minimum of three species from each blooming period (early, mid, and late season), should be included. Plant mix composition (i.e., percent of each species) can be designed to complement adjacent crop bloom time or other abundant species in the landscape, with more plants blooming immediately before and after adjacent crops.

Non-Native Plants: Plant selection should focus on pollenand nectar-rich <u>native</u> plants, but non-invasive, non-native plants may be used when cost and/ or availability are limiting factors. Please see the Appendix for acceptable non-native plants. Non-native plants, such as buckwheat or clover, may be planted as part of a crop rotation or in a perennial crop understory using the Cover Crop Practice Standard (340), to increase the value of crop fields to pollinators.

Alternate Pest or Disease Hosts: In most cases, native pollinator plants do not serve as alternate hosts for crop pests or diseases, but selected plants should be cross-referenced for specific crop pest or disease associations. Research indicates that weedy borders harbor more pests than are found in diverse native plantings.

Site Preparation

Site preparation is **one of the most important** and often inadequately addressed components for project success. It is also a process that may require more than one season of effort to reduce competition from invasive, noxious, or undesirable non-native plants prior to planting. *In particular, site preparation should focus on the removal of perennial weeds* (there are more options to address annual or biennial weeds after planting). Regardless of whether the objective is to establish herbaceous or woody vegetation, more effort and time spent eradicating undesirable plants prior to planting will result in higher success rates in establishing the targeted plant community. Site preparation methods are provided in **Table 1**.

Note: If weed pressure is high, then the weed abatement strategies detailed in **Table 1** should be repeated for an additional growing season. High weed pressure conditions are characterized by:

- Persistent, year-round cover of undesirable plants (covering the entire surface of the site);
- Sites where weeds have been actively growing (and producing seed) for multiple years;
- Sites dominated by introduced sod-forming grasses and rhizomatous forbs (e.g., Canada thistle).

Previously cropped lands—those that have been cultivated for several years—are generally lower in weed pressure.

Figure 2

The site on top was prepared with a single glyphosate treatment, leaving a significant stubble layer and persisting weedy grasses. It is not ready for planting. The site on bottom was treated for an entire growing season with repeated glyphosate treatments (applied whenever new weeds appeared). The stubble has been removed with a flail mower and it is ready for planting. Neither site has been cultivated





(Photographs by Brianna Borders, The Xerces Society.)

Table 1 Site Preparation Methods

METHOD: NON-SELECTIVE (NON-PERSISTENT) HERBICIDE

Where to Use

- Conventional farms and organic farms*
- Areas with a low risk of erosion
- Areas accessible to sprayer

Timing

- Total time: 6+ months
- Begin: Early spring after the first weed growth
- Plant: Fall

Basic Instructions:

- 1. Mow existing thatch as needed before beginning herbicide treatments to expose new weed growth to the herbicide spray.
- 2. Apply a non-selective, non-persistent herbicide as per label as soon as weeds are actively growing in the early spring.
- 3. Repeat herbicide applications throughout the spring, summer, and early fall as needed (whenever emerging weed seedlings reach 4–6").
- 4. For any herbicide-resistant weeds, mow the area to prevent flowering and seed development as necessary.
- 5. Plant pollinator seed mix (and any transplants) in the fall after a hard frost, waiting at least 72 hours after the last herbicide treatment. Refer to the Planting Methods section of this document for specific recommendations.

NOTE: <u>Do not till</u>. Avoid any ground disturbance that may bring up additional weed seed. An additional year of site preparation is recommended if weed pressure is particularly high. Avoid use of herbicides that are bee-toxic (e.g., Paraquat and Gramoxone).

* Choice of herbicide must be acceptable to OMRI for organic operations; or, if not, used outside of certified ground <u>AND</u> approved by an organic certifier.

METHOD: SOLARIZATION

Where to Use

- Conventional farms and organic farms
- Areas with a low risk of erosion
- · Areas accessible to mowing equipment
- · Locations with full sun

Timing

- Total time: 6+ months
- Begin: Spring
- Plant: Fall

Basic Instructions:

- 1. Mow, rake, or lightly harrow and smooth the site in the spring (raking off debris, if necessary).
- 2. After smoothing the site, lay UV-stabilized plastic (such as high tunnel plastic), burying the edges to prevent airflow between the plastic and the ground. Weigh down the center of the plastic, if necessary, to prevent the wind from lifting it. Use greenhouse repair tape for any rips that occur during the season.
- 3. Remove the plastic in early fall before the weather cools and the area beneath the plastic is recolonized by nearby rhizomatous weeds.
- 4. Immediately plant the pollinator seed mix. Refer to Planting Methods section of this document for specific bed preparation recommendations.

NOTE: Solarization may not be as effective in years when summer sun or high temperatures are limited. <u>Do not till.</u> Avoid any ground disturbance that may bring up additional weed seed. An additional year of site preparation is recommended if weed pressure is particularly high.



Sweat bee (Agapostemon spp.) on purple coneflower (Echinacea purpurea). Photograph by Nancy Lee Adamson, The Xerces Society.

November 2014

Planting Methods

Recommended planting methods are site-specific. Factors such as equipment availability should be taken into consideration. Installing and maintaining habitat should fit into general farm management practices as much as possible. Pre-project site conditions, especially weed competition, should be addressed prior to planting. **Table 2** (below) covers several planting options.

Seeding Wildflowers: Planting from seed can be a lower-cost way to establish wildflowers. Seeding requires excellent site preparation to reduce weed pressure since weed control options are limited when the wildflowers start to germinate. Most native wildflowers are best planted in the late fall.

Grain drills, unlike native seed drills, are usually not designed to handle wildflower seeds, many of which are very small. However, with simple modifications, most types of grass-seed planters or granulated fertilizer spreaders can be used with good results. **Table 2** outlines several possible seeding methods.

Newly-planted areas should be clearly marked to protect them from herbicides or other disturbances.

Figure 3

Below, an established pollinator meadow in early summer. Dominant flowers in bloom are black-eyed Susans (*Rudbeckia hirta*), purple coneflower (*Echinacea purpurea*), and wild bergamot (*Monarda fistulosa*).



(Photograph by Nancy Lee Adamson, The Xerces Society.)

Table 2 Methods for Planting Wildflower Seed

METHOD: BROADCAST SEEDERS OR HAND-BROADCASTING (THROWING SEED)

Pros

- Inexpensive
- Easy to use
- Can often accommodate poorly-cleaned seed
- Many models and sizes of broadcasters are commonly available, including hand-held crank and larger tractor- or ATV-mounted models

Cons

- Requires a smooth seed bed
- Seed should be pressed into the soil after planting
- Difficult to calibrate
- Some models of broadcast seeders cannot accommodate large seeds

Basic Instructions:

- Remove as much stubble as possible prior to seeding, creating a smooth, lightly-packed seed bed. The soil surface can be lightly
 hand-raked or harrowed to break up crusted surfaces, but <u>do not cultivate</u> the site (cultivation will bring up additional weed
 seed).
- 2. Seeds of similar sizes can be mixed together and bulked up with an inert carrier ingredient such as sand, fine-grained vermiculite, clay-based kitty litter, gypsum, or polenta (fine cornmeal). Use two to three parts bulking agent for each part seed by volume. These inert carriers ensure even seed distribution in the mix, provide visual feedback on where seed has been thrown, and make calibration easier.
- 3. The broadcast-seeding equipment used should have a flow gate that closes down small enough to provide a slow, steady flow of your smallest wildflower seed. Models with an internal agitator are also preferred. Planting should begin with the flow gate set to the narrowest opening, to allow at least two perpendicular passes over the seed bed for even distribution. Very large seed can be planted separately with the flow gate set to a wider opening.
- 4. For small sites (e.g., less than one to two acres), seed can also be hand broadcast (similar to scattering poultry feed). When hand-broadcasting, divide the seed into at least two batches, bulk the seed mix with an inert carrier, and sow each batch separately (scatter the first batch evenly over the site while walking in parallel passes across the site, and then walk in passes perpendicular to the previous passes to scatter the second batch) to ensure seed is evenly distributed.
- 5. Regardless of how it is broadcast, do not cover the seed with soil after planting. A water-filled turf grass roller (available for rent at most hardware stores) or a cultipacker should be used to press the seed into the soil surface. Natural precipitation or light overhead irrigation can also help ensure good seed-soil contact. Floating row-cover can be used, if necessary, to protect seeds and small seedlings against predation.

METHOD: DROP SEEDERS OR FERTILIZER SPREADERS (DROPPING SEED)

Pros

- Inexpensive
- Easy to use
- Even seed dispersal
- Can accommodate both large and small seed
- Many models and sizes are commonly available (handpowered turf grass seeders are most common, but larger tractor-drawn "pasture-seeder" models also exist)

Cons

- Requires a smooth, level seed bed
- Seed should be pressed into the soil after planting
- Hand-powered models are time consuming for large areas (over ½ acre)
- Calibration requires trial and error

Basic Instructions:

- Remove as much stubble as possible prior to seeding, creating a smooth, lightly-packed seed bed. The soil surface can be lightly
 hand-raked or harrowed to break up crusted surfaces, but do not cultivate the site (cultivation will bring up additional weed
 seed).
- 2. Seed of similar sizes can be mixed together and bulked up with an inert carrier ingredient such as sand, fine-grained vermiculite, clay-based kitty litter, gypsum, or polenta (fine cornmeal). Use two to three parts bulking agent for each part seed by volume. These inert carriers ensure even seed distribution in the mix, provide visual feedback on where seed has been thrown, and make calibration easier. Planting should begin with the drop gate set to the narrowest opening, to allow at least two perpendicular passes over the seed bed for even distribution. Very large seed can be planted separately with the drop gate set to a wider opening.
- 3. Do not cover the seed after planting. A water-filled turf grass roller (available for rent at most hardware stores) or a cultipacker should be used to press the seed into the soil surface. Natural precipitation or light overhead irrigation can also help ensure good seed-soil contact. Floating row-cover can be used, if necessary, to protect seeds and small seedlings against predation.

METHOD: NATIVE SEED DRILLS (DRILLING SEED)

Pros

- Convenient for planting large areas
- Seed box agitators and depth controls are designed specifically for planting small and fluffy native seeds at optimal rate and depth
- Can plant into a light stubble layer
- Seeds are planted in even rows, allowing for easier seedling recognition
- Does not require seed to be pressed into soil surface after planting (e.g., cultipacking)

Cons

- Expensive and not readily available in some areas
- Difficult to calibrate for small areas (less than one acre)
- Requires a tractor and an experienced operator to set planting controls
- Seed with a lot of chaff can clog delivery tubes

Basic Instructions:

- 4. Plant only when the soil is dry enough to prevent sticking to the coulters. Under wet conditions, small seed is likely to stick to mud-caked parts of the drill, rather than the ground.
- 5. Keep seed separated by species until ready to plant. Prior to planting, seed should be organized into batches of large smooth seed, small smooth seed, and tufted seed that does not flow easily. Loosely fill seed boxes (do not compact seed into them) with the appropriate seed batch for each box. Seed quantities that do not cover the agitator should be planted using some other method, since the drill is difficult to calibrate for small volumes of seed.
- 6. As a general rule, the planting depth for a particular seed should be no more than 1.5x its diameter. To achieve this for most wildflower seed, set the depth controls to plant no deeper than ¼" (consult with the seed vendor for specific guidelines on very sandy soils). Small wildflower seed should be planted on the soil surface. Stop periodically to check planting depth.
- 7. Operate the drill at less than 5 mph, stopping periodically to check for any clogging of planting tubes (usually observed as a seedbox that is remaining full). Clogging is most common with fluffy seed, or seed with a lot of chaff. Avoid backing up the drill as it will likely cause clogging.

For information on native seed drill calibration, see NRCS publication: www.plant-materials.nrcs.usda.gov/pubs/mipmctn10591.pdf



Bumble bee on sneezeweed (Helenium autumnale). (Photograph by Kelly Gill, The Xerces Society.)

METHOD: TRANSPLANTING FORBS AND WOODY PLANTS

Pros

- Provides mature nectar and pollen resources more quickly
- Does not require specialized planting equipment (except for large trees)
- Preferred for plants with limited seed availability, which are expensive or difficult to establish from seed
- Transplants can be established more easily in weedy sites with adequate mulching

Cons

- Expensive and time consuming for large areas
- Transplants typically require irrigation during establishment

Basic Instructions:

- 1. Regular shovels are adequate for transplanting most container stock. However, dibble sticks or mechanical transplanters are sometimes helpful for plug-planting. Power augers and mechanical tree spades can be helpful for larger plants.
- 2. Plant size at maturity should be considered when planting. Most woody shrubs can be spaced on 4' to 10' centers (depending upon size at maturity), with most herbaceous plants spaced closer on 2' to 3' centers. It is helpful to measure the planting areas prior to purchasing transplants, and to stage the transplants in the planting area prior to installing them in the ground.
- 3. Transplanting can occur any time the ground can be worked, but should be timed to avoid prolonged periods of hot, dry, or windy weather. Regardless of when planting occurs, however, the transplants should be irrigated thoroughly immediately after planting. Holes for plants can be dug and pre-irrigated prior to planting as well. Follow-up irrigation is dependent upon weather and specific site conditions, but generally even native and drought tolerant plants should be irrigated with at least 1" of water per week (except during natural rain events), for the first two years after establishment. Long, deep watering is best to encourage deep root system development and shallow irrigation should be avoided. Drip irrigation is useful, and other methods that allow for deep watering can be successful. It is advisable to irrigate at the base of plants and avoid overhead irrigation that would encourage weed growth. Once plants are established, irrigation should be removed or greatly decreased. Non-native plants may require more frequent irrigation, and may still require supplemental irrigation once established.
- 4. Most of the plants in the Appendix are adapted to a variety of soil conditions and do not need any specific amendments. However, in areas where the soil is compacted, degraded, or depleted, compost should be used during planting. Compost should be free from weed seeds, aged properly, and mixed thoroughly with soil in the holes during planting.
- 5. In cases where rodent damage may occur, below-ground wire cages are recommended. Similarly, plant guards may be needed to protect plants from above ground browsing or antler damage by deer. Newly-planted areas should be clearly marked to protect them from herbicides or other disturbances.
- 6. Mulching is recommended to reduce weed competition and to retain moisture during the establishment phase. Recommended materials include wood chips, bark dust, weed-free straw (e.g., rice straw), nut shells, grape-seed pumice, or other regionally appropriate mulch materials that contain <u>no</u> viable seeds.

Figure 3

Transplanting forbs and shrubs may be preferred for plants that are difficult to establish from seed, have limited availability, or take longer to mature. Milkweed (Asclepias spp.)—the monarch butterfly's host plant—is a slow-growing perennial that usually blooms in its second year. As milkweed is an important resource for both monarch butterflies and native bees, mature milkweed transplants may be recommended for certain restoration projects. From left to right, swamp milkweed (Asclepias incarnata), butterfly milkweed (A. tuberosa), and common milkweed (A. syriaca).







(Photographs courtesy of Tom Potterfield, flickr.com.)



Planting Method Photos

Figure 4

For broadcast seeding, seed of **similar size** is mixed together (left). Sand or another inert carrier is added (at a ratio of at least 2:1) and then mixed (middle left), and the mix is divided into separate batches (middle right) for broadcasting in more than one pass (to ensure adequate coverage). When hand-broadcasting seed, walk in perpendicular passes over the entire planting area (right).









(Photographs by Brianna Borders, The Xerces Society.)

Figure 5 Native wildflower seed should be planted directly on the soil surface (left). After broadcasting, roll the site with a turf roller (middle) or cultipacker (right).







(Photographs by Brianna Borders, The Xerces Society.)

 $(Photograph\,courtesy\,of\,Regina\,Hirsch,\,University\,of\,Wisconsin.)$

Figure 6

Hand-crank "belly grinder" type seeders (left) are inexpensive and can broadcast seed more evenly than hand-scattering on larger sites. Similarly, lawn fertilizer spreaders (right) are another commonly available tool for broadcasting seed. In both cases, models with internal agitators are preferred to prevent clogging. For best results, divide the seed into separate batches, grouping seed of similar sizes for planting together with the flow gate adjusted accordingly.





(Photographs courtesy of the New Hampshire NRCS.)

Note: It can be difficult to plant very large and very small seed together in a single seed mix using mechanical broadcasters. Use an inert carrier (such as sand) and walk in at least two perpendicular passes to ensure the most even seed distribution possible.

Figure 7

Native seed drills are the ideal tool for large planting sites (5+ acres). Typical models can plant in a light stubble layer, have depth controls for optimal seed placement, and have separate seed boxes for different sizes of seed. Such drills need an experienced operator and careful calibration.



(Photograph by Eric Lee-Mäder, The Xerces Society.)

November 2014

Maintenance During Establishment (Short-Term)

Weed control is critical in the first and second years after planting. If the site is well prepared, then less effort will be required for weeding after project installation. Maintenance practices must be adequate to control noxious and invasive species and may involve tools such as mowing, burning, hand-hoeing, or spot-spraying with herbicides.

Weeds should be prevented from going to seed in, or adjacent to, the project area during the first two years (and possibly three) after planting to help ensure long-term success. Familiarity with the life cycle of weeds will facilitate appropriate timing of management activities. Since young wildflower and weed seedlings may look alike, care should be taken to properly identify weeds before removal.

Common weed-management strategies include:

- **Spot-spraying:** Spot-spraying with herbicides can be effective, relatively inexpensive, and require minimal labor, even on larger project areas. Care should be taken so that herbicides do not drift or drip onto desirable plant species. Spot-spraying is usually performed with backpack spraying, or occasionally with rope-wick implements (when weed growth is substantially taller than newly established wildflowers).
- Selective Herbicides: Grass-selective herbicides can be used to control weedy grasses in broadleaf plantings. Contact a local crop advisor or Extension specialist for appropriate herbicide selection and timing.
- Managing Irrigation: Most wildflowers established from seed thrive with little or no supplemental irrigation. Keeping irrigation to a minimum helps native wildflowers out-compete non-native weedy species that sometimes have higher soil moisture requirements. Similarly, when irrigation is needed for transplants, it should be supplied at the base of the transplant whenever possible—through drip irrigation, for example—to avoid watering nearby weeds.
- Mowing/ String-trimming: Mowing or stringtrimming can be utilized to keep weedy species from shading out other plants and to prevent them from going to seed. Mowing is especially useful when establishing wildflower plots of perennial species. When planted with perennial seed mixes, sites can be mowed occasionally—ideally as high as mower settings allow during the first year after planting to prevent annual and biennial weeds from flowering and producing seed. Perennial wildflowers are slow to establish from seed, and are usually not harmed by incidental mowing in the first year after planting. Mowing can also be used on plots of re-seeding annuals at the end of the growing season to help shatter wildflower seedpods, and to reduce woody plant encroachment. Mowing and stringtrimming can also be useful around woody transplants to manage nearby weeds.
- Hand-weeding: Hand-weeding (including hoeing) can be effective in small areas with moderate weed pressure. Hand-weeding will likely be necessary in forb plots to eliminate broadleaf weeds during the first few seasons.

Figure 8

Short Term: In the first spring after seeding the previous fall, this planting site is dominated by annual and biennial weeds like wild radish (left). Mowing the site periodically during the first year (ideally as high as mower settings allow) will prevent these short-lived weeds from producing more seed, and allow sunlight to reach the slower-growing natives (middle), which are generally unharmed by the occasional mowing. **Long Term:** Flourishing wildflowers and pollinator habitat in the second year after planting (right).



(Photographs by Eric Lee-Mäder, The Xerces Society.)





(Photograph courtesy of Don Keirstead, New Hampshire NRCS.)

Operations and Maintenance (Long-Term)

Control herbivores as needed, but remove tree guards or other materials that could impede plant growth as soon as possible after establishment. In most cases, irrigation can be removed from transplants by the end of the second year after planting. Continue to protect habitat from pesticides and herbicides except when necessary to control noxious or invasive plants. Ongoing herbicide use (spot-treatment) or occasional hand-weeding may be necessary to control noxious weeds. Maintain the long-term plant diversity of pollinator habitat by re-seeding or re-planting as necessary.

Wildflower plantings generally need to be managed over time to maintain open, early successional characteristics. The actual management will depend on the size and location of the habitat. Possible management tools/ techniques include

mowing or burning. If mowing is used, be sure all equipment is clean and free of weed seed. Do not mow or burn during critical wildlife nesting seasons (consult your state wildlife biologist for specific guidance). After establishment, no more than 30% of the habitat area should be mowed or burned in any one year to ensure sufficient undisturbed refuge areas for pollinators and other wildlife.

Finally, note that some common farm management practices can cause harm to bees and other beneficial insects. Insecticides are especially problematic, including some insecticides approved for organic farms. Therefore, if insecticide spraying is to occur on the farm, it is <u>critical</u> that the Conservation Cover planting area is outside of the sprayed area and/ or protected from application and drift.

Grow tubes or trunk protectors may help during establishment to reduce browsing by herbivores and trunk damage from mowers or weeding operations (left), but should be removed as soon as possible to avoid impeding plant growth. Most transplants will benefit from 1" of water per week during the first two years of establishment, either from natural rainfall or irrigation, such as drip-irrigation (right).







(Photograph by Eric Lee-Mäder, The Xerces Society.)

Figure 10 Newly-planted areas should be clearly marked to protect them from herbicides or other disturbances (left). Using signs such as the one on the right can be a useful tool to designate protected pollinator habitat.







Note: Due to wildlife safety concerns, we recommend attaching habitat signs to the top hole of the fence post or plugging the top hole with a bolt and nut. Alternatively, posts which do not have holes—such as solid wood stakes—should be used.

Appendix: Seed Mixes, Plant Lists and Sources, and References

Sample Seed Mixes

The following sample seed mixes are formulated for a one-acre planting area. For larger areas, increase the rate accordingly. To create custom seed mixes, see recommended species master list on page 13 or the references section for vendors (for established or custom mixes). *Plants listed by first season of bloom, then alphabetically.*

These example seed mixes are formulated for areas with high weed pressure; which are characterized by:

- Persistent, year-round cover of undesirable plants (covering the entire surface of the site);
- Sites where weeds have been actively growing (and producing seed) for multiple years;
- Sites dominated by introduced sod-forming grasses and rhizomatous forbs (e.g., Canada thistle).

In areas where there is low weed pressure—such as previously cropped lands that have been cultivated for several years—decrease the seed mix by ½, for a total of **40** seeds per square foot.

Always consult your technical specialist before making adjustments to any seed mix.

Example Upland Dry Site Pollinator Seed Mix

This mix is designed to provide season-long pollen and nectar resources on any sunny, dry upland site.

COMMON NAME	SCIENTIFIC NAME	% OF MIX	SEEDS/ FT ²	LBS/ AC.	BLOOM TIME
Golden Alexanders	Zizia aurea	1%	0.6	0.15	Early
Wild blue indigo	Baptisia australis	0.2%	0.12	0.24	Early
Ohio spiderwort	Tradescantia ohiensis	2%	1.2	0.41	Early–Mid
Smooth penstemon	Penstemon digitalis	9.8%	5.88	0.14	Early–Mid
Black-eyed Susan	Rudbeckia hirta	1%	0.6	0.02	Mid‡
Butterfly milkweed	Asclepias tuberosa	2%	1.2	0.75	Mid
Common milkweed	Asclepias syriaca	0.5%	0.3	0.19	Mid
Dotted mint	Monarda punctata	13.5%	8.1	0.24	Mid
Partridge pea	Chamaecrista fasciculata	1%	0.6	0.4	Mid (A)
Purple coneflower	Echinacea purpurea	9%	5.4	2.03	Mid
Virginia mountain mint	Pycnanthemum virginiana	10%	6	0.07	Mid
Wild bergamot	Monarda fistulosa	15%	9	0.31	Mid
Cup plant	Silphium perfoliatum	0.5%	0.3	0.52	Mid-Late
Marsh blazing star	Liatris spicata	1%	0.6	0.26	Mid–Late
Gray goldenrod	Solidago nemoralis	3%	1.8	0.08	Late
New England aster	Symphyotrichum novae-angliae	4%	2.4	0.1	Late
Wrinkleleaf goldenrod	Solidago rugosa	3%	1.8	0.08	Late
Big bluestem	Andropogon gerardii	5.5%	3.3	1.03	_
Indian grass	Sorghastrum nutans	5.5%	3.3	0.82	_
Little bluestem	Schizachyrium scoparium	12.5%	7.5	1.63	_
TOTALS		100%	60	9.46	

Dry Site Pollinator Seed Mix Notes:

1. Bloom Time comments: ‡ = Short-lived biennial, (A) = Annual

Example Wetland Pollinator Seed Mix

COMMON NAME	SCIENTIFIC NAME	% OF MIX	SEEDS/ FT ²	LBS/ AC.	BLOOM TIME
Golden Alexanders	Zizia aurea	2%	1.2	0.3	Early
Virginia spiderwort	Tradescantia virginiana	1%	0.6	0.15	Early–Mid
Black-eyed Susan	Rudbeckia hirta	1%	0.6	0.02	Mid‡
Culver's root	Veronicastrum virginicum	8%	4.8	0.03	Mid
Great blue lobelia	Lobelia siphilitica	8.5%	5.1	0.03	Mid
Purple coneflower	Echinacea purpurea	8%	4.8	1.8	Mid
Swamp milkweed	Asclepias incarnata	1%	0.6	0.37	Mid
Wild bergamot	Monarda fistulosa	8%	4.8	0.16	Mid
Blue vervain	Verbena hastata	8%	4.8	0.14	Mid-Late
Boneset	Eupatorium perfoliatum	8.5%	5.1	0.11	Mid-Late
Cup plant	Silphium perfoliatum	0.5%	0.3	0.52	Mid-Late
Joe Pye weed	Eutrochium fistulosum	6%	3.6	0.23	Mid-Late
Sneezeweed	Helenium autumnale	4%	2.4	0.05	Mid-Late
Wingstem	Verbesina alternifolia	2%	1.2	0.36	Mid-Late
Grassleaf goldenrod	Euthamia graminifolia	5%	3	0.02	Late
New England aster	Symphyotrichum novae-angliae	5%	3	0.12	Late
New York ironweed	Vernonia noveboracensis	3%	1.8	0.26	Late
Big bluestem	Andropogon gerardii	9%	5.4	1.63	_
Fox sedge	Carex vulpinoidea	6.5%	3.9	0.13	_
Tussock sedge	Carex stricta	5%	3	0.07	_
TOTALS		100%	60	6.52	

Wetland Site Pollinator Seed Mix Notes:

1. Bloom Time comments: ‡ = Short-lived biennial.

Figure 11

Many species of native bees emerge in early spring, which is why it is essential to include plants that bloom early in the season. Clockwise from top left: golden Alexanders (Zizia aurea)¹, wild blue indigo (Baptisia australis)², spiderwort (Tradescantia spp.)³, lanceleaf coreopsis (Coreopsis lanceolata)⁴, wild lupine (Lupinus perennis)⁵, and smooth penstemon (Penstemon digitalis)⁶.



 $(Photographs\ by\ Nancy\ Lee\ Adamson, The\ Xerces\ Society^{1,4}; and\ courtesy\ of\ Mike^2,\ Brett\ Whaley^3,\ Joshua\ Mayer^5,\ and\ Tom\ Potterfield^6-via\ flickr.com.)$

Master Plant Lists

Recommended Native Wildflowers for Pollinators

COMMON NAME	SCIENTIFIC NAME	LIFE CYCLE ¹	MAX HT.	WATER NEEDS ²	PLANT COMMENTS		
	Early Season Blooming Species						
Golden Alexanders	Zizia aurea	Р	3′	Н	Adapted to disturbance; spreads by rhizomes		
Wild blue indigo ³	Baptisia australis	Р	5'	М	Legume; slow to establish		
Wild lupine ³	Lupinus perennis	Р	2′	L	Legume; prefers sandy soil; Karner blue host plant		
	Early-Mid	l Season	Bloom	ing Speci	es		
Lanceleaf coreopsis	Coreopsis lanceolata	Р	2′	L	Low-cost seed		
Smooth penstemon	Penstemon digitalis	Р	2′	М	Establishes quickly		
Spiderwort	Tradescantia spp.	Р	2'	М	Multiple species available		
Wild beardtongue	Penstemon hirsutus	Р	2′	L			
	Mid Se	ason Blo	oming	Species			
Black-eyed Susan	Rudbeckia hirta	B, P	2-3'	L	Short-lived		
Butterfly milkweed ⁴	Asclepias tuberosa	Р	3′	L	Monarch butterfly host plant; prefers sandy soil		
Common milkweed ⁴	Asclepias syriaca	Р	6′	М	Monarch butterfly host plant		
Culver's root	Veronicastrum virginicum	Р	5'	Н			
Dotted mint	Monarda punctata	A, B, P	3′	L	Prefers sandy soil; establishes quickly		
Great blue lobelia	Lobelia siphilitica	Р	3′	Н	Prefers part-shade and fertile soil		
Lavender hyssop	Agastache foeniculum	Р	5'	М	Establishes quickly		
Partridge pea ³	Chamaecrista fasciculata	Α	2′	L	Legume; favors disturbed sites, butterfly host plant		
Purple coneflower	Echinacea purpurea	Р	4'	М	Establishes quickly		
Swamp milkweed ⁴	Asclepias incarnata	Р	5′	M-H	Monarch butterfly host plant		
Virginia mountain mint	Pycnanthemum virginianum	Р	3′	М			
Wild bergamot	Monarda fistulosa	Р	4'	М	Establishes quickly		
	Mid-Late	Season	Bloomi	ng Specie	es		
Blue mistflower	Conoclinium coelestinum	Р	2′	М	Can be weedy		
Blue vervain	Verbena hastata	Р	5'	Н			
Boneset	Eupatorium perfoliatum	Р	5'	Н	Prefers fertile soil		
Cup plant	Silphium perfoliatum	Р	8′	М	Occasionally aggressive; stems provide nest sites		
Field thistle	Cirsium discolor	B, P	6'	М	Short-lived; not aggressive (<u>native</u> species)		
Joe Pye weed	Eutrochium fistulosum	Р	7'	Н	Prefers part-shade and fertile soil		
Marsh blazing star	Liatris spicata	Р	4'	М	Prefers sandy soils		
Purple giant hyssop	Agastache scrophulariifolia	Р	5'	М			
Sneezeweed	Helenium autumnale	Р	2-5'	Н	Prefers moist, fertile soil; toxic to livestock		
Wild golden glow	Rudbeckia laciniata	Р	7'	Н	Spreads by rhizomes; tolerates occassional flooding		
Wingstem	Verbesina alternifolia	Р	6′	М-Н	Prefers moist soils		
Yarrow	Achillea millefolium	Р	2'	L	Very aggressive; spreads by rhizomes		



 $Sweat bee on partridge pea ({\it Chamaecrista fasciculata}). (Photograph courtesy of Tom Potterfield, flickr.com.)$

COMMON NAME	SCIENTIFIC NAME	LIFE CYCLE ¹	MAX HT.	WATER NEEDS ²	PLANT COMMENTS
	Late Se	eason Blo	oming	Species	
Bottle gentian	Gentiana andrewsii	Р	2′	М	Not drought tolerant; difficult to establish from seed, establish from transplants
Calico aster	Symphyotrichum lateriflorum	Р	3′	М	Prefers part-shade
Grassleaf goldenrod	Euthamia graminifolia	Р	3′	Н	Drought tolerant
Gray goldenrod ⁵	Solidago nemoralis	Р	2′	L	Tolerates a variety of soil conditions; smaller and less aggressive than other <i>Solidago</i> spp.
New England aster	Symphyotrichum novae-angliae	Р	6′	М	Can be aggressive
New York ironweed	Vernonia noveboracensis	Р	7'	Н	Tolerates a variety of soil conditions; prefers moist soils but will tolerate regular to dry sites
Showy goldenrod ⁵	Solidago speciosa	Р	5′	М	Prefers part-shade; can be aggressive in moist soils
Wrinkleleaf goldenrod ⁵	Solidago rugosa	Р	4′	М	Highly variable in appearance

Recommended Native Wildflowers for Pollinators Notes:

- 1. Life Cycle abbreviations: P = perennial, A = annual, B = biennial.
- 2. Water Needs abbreviations: L = low, M = medium, H = high.
- 3. Legume—rich in nitrogen and attractive to a wide variety of wildlife.
- 4. Milkweed (Asclepias spp.) attract and support an incredible range of pollinators and beneficial insects; most species tolerate clay soils and wet or dry conditions.
- 5. Goldenrods (*Solidago* spp.), shown below, are vital for fall-migrating monarchs and pre-hibernation bumble bee queens; host plants for 12+ moth species.

When designing a custom plant list, individual species should be chosen so that there are consistent and adequate floral resources throughout the seasons—a minimum of three species from each blooming period (early, mid, and late season) should be included. Late season floral resources are particularly important to pre-hibernation bumble bee queens and migrating monarch butterflies, in addition to many other pollinators. Clockwise, from top left: cup plant (Silphium perfoliatum)¹, New England aster (Symphyotrichum novae-angliae)², wild golden glow (Rudbeckia laciniata)³, New York ironweed (Vernonia noveboracensis)⁴, goldenrod (Solidago spp.)⁵, and marsh blazing star (Liatris spicata)⁶, are late blooming plants that support pollinators from late summer into fall.



(Photographs courtesy of Tom Potterfield^{1,3}, Peter Gorman², Chesapeake Conservation Landscaping Council⁴, Henry T. McLin⁵, and Ken Slade (TexasEagle)⁶—via flickr.com.)

Native Grasses and Sedges for Pollinator Seed Mixes

Note: Grasses and sedges should ideally comprise no more than 25% of seed mixes on pollinator sites.

COMMON NAME	SCIENTIFIC NAME	MAX HT.	WATER NEEDS ¹	PLANT COMMENTS ²
Big bluestem	Andropogon gerardii	8'	М	Can be aggressive at high seeding rates
Fox sedge	Carex vulpinoidea	3'	Н	Tolerates occasional flooding
Indian grass	Sorghastrum nutans	7'	М	Can be aggressive at high seeding rates
Little bluestem	Schizachyrium scoparium	3'	L	Considered a weed in cranberry bogs
Pennsylvania sedge	Carex pensylvanica	1.5′	М	Prefers part-shade
Tussock sedge	Carex stricta	4'	Н	Tolerates occasional flooding

Native Grasses and Sedges for Pollinator Seed Mixes Notes:

- 1. Water Needs abbreviations: L = low, M = medium, H = high.
- 2. All species are perennials.

Non-Native Annual Plants for Insectary Meadows and Cover Crops

COMMON NAME	SCIENTIFIC NAME	LIFE CYCLE ¹	MAX HT.	WATER NEEDS ²	PLANT COMMENTS	
Early Season Blooming Species						
Alsike clover ³	Trifolium hybridum	Α	2′	Н	Legume	
Crimson clover ³	Trifolium incarnatum	Α	1.5′	М	Legume; not freeze-tolerant, spring-seeded in cold climates	
Hairy vetch ³	Vicia villosa	Α	1.5′	М	Legume ; fall-seeded; aggressive at high seeding rates	
Lacy phacelia	Phacelia tanacetifolia	Α	2′	L	Not freeze-tolerant, spring-seeded in cold climates	
Early–Mid Season Blooming Species						
Blue flax	Linum perenne	Р	2′	Med		
Red clover ³	Trifolium pratense	Р	1′	М	Legume; aggressive at high seeding rates	
	Mid Season Blooming Species					
Alfalfa	Medicago sativa	Р	2′	М	Susceptible to frost heaving	
Blanketflower	Gaillardia aristata	Р	2′	L	Low cost seed; thrives in disturbed sites	
Borage	Borago officinalis	Α	1.5′	М	Not freeze-tolerant, spring-seeded in cold climates	
Buckwheat	Fagopyrum esculentum	Α	2′	М		
Mexican hat	Ratibida columnifera	Р	3′	М		
Yellow sweet clover ³	Melilotus officinalis	В	5′	М	Legume	
	Mid-Late Season Blooming Species					
Common sunflower	Helianthus annuus	А	9'	М		
Cosmos	Cosmos bipinnatus	А	5′	М	Select single-petal varieties for pollinators	

Non-Native Annual Plants for Insectary Meadows and Cover Crops Notes:

- 1. Life Cycle abbreviations: P = perennial, A = annual, B = biennial.
- 2. Water Needs abbreviations: L = low, M = medium, H = high.
- 3. Legume—rich in nitrogen and attractive to a wide variety of wildlife.



Little bluestem (Schizachyrium scoparium) intermixed with native wildflowers in a Pennsylvania pollinator meadow. (Photograph courtesy of Tom Potterfield, flickr.com.)

Regional Native Seed Vendors and Native Plant Nurseries

Inclusion on this list does not constitute an endorsement. Other vendors not listed below may also have suitable plant materials. Before ordering, ensure that all plants or seeds purchased for pollinator habitat have <u>NOT</u> been treated with systemic insecticides.

Aquascapes Unlimited Inc. (T) • Pipersville, PA

215-766-8986 • www.aquascapesunlimited.com

Arch(E)Wild (T) • Quakertown, PA

855-752-6862 • http://archewild.com

Bowman's Hill Wildflower Preserve (S&T) • New Hope, PA

215-862-1846 • www.bhwp.org

Edge of the Woods Native Plant Nursery (T) • Orefield, PA

610-395-2570 • www.edgeofthewoodsnursery.com

Ernst Conservation Seed ($S \not \circ T$) • Meadville, PA

800-873-3321 · www.ernstseed.com

Green Light Plants, Organic Nursery (T) • Landenberg, PA

610-633-7637 • www.greenlightplants.com

Mid Atlantic Natives (T) • New Freedom, PA

717-227-0924 • www.midatlanticnatives.com

North Creek Nurseries (T) • Landenberg, PA

610-255-0100 • www.northcreeknurseries.com

Notes: Transplants Only (T), Seeds & Transplants (S&T), *Wholesale only

Northeast Natives & Perennials (*T*) • Quakertown, PA 215-901-5552 • www.nenativesandperennials.com

Octoraro Native Plant Nursery (T) • Kirkwood, PA

717-529-3160 • <u>www.octoraro.com</u>

Pinelands Nursery $(S & T)^*$ • Columbus, NJ

609-291-9486 • www.pinelandsnursery.com

Redbud Native Plant Nursery (T) • Glen Mills, PA 610-358-4300 • www.redbudnativeplantnursery.com

Sugarbush Nursery (T) • Mohnton, PA

610-856-0998 • www.sugarbushnursery.com

Sylva Native Nursery and Seed ($S \otimes T$) • Glen Rock, PA

717-227-0486 • www.sylvanative.com

Wetland Supply Company (S&T) ・ Apollo, PA

724-727-3772 • http://wetlandsupply.com

Yellow Springs Farm Native Plant Nursery (*T*) • Chester Springs, PA 610-827-2014 • www.yellowspringsfarm.com

References & Resources

SEED MIX CALCULATOR & ADDITIONAL RESOURCES

Xerces Society Seed Mix Calculator

Develop your own pollinator conservation seed mix using this seed rate

www.xerces.org/pollinators-northeast-region/xerces-seed-mix-calculator/

Pollinator Conservation Resource Center

For additional information on pollinator plant lists, conservation guides, pesticide protection and more.

www.xerces.org/pollinator-resource-center

Attracting Native Pollinators: Protecting North America's Bees and Butterflies

This comprehensive book on pollinator conservation includes information about pollinator ecology, guides for identifying common bees, and habitat designs for multiple landscapes.

 $\frac{www.xerces.org/announcing-the-publication-of-attracting-native-pollinators/$

SEEDLING IDENTIFICATION

USDA-NRCS Central Region Seedling Identification Guide for Native Prairie Plants

Many of the plant species recommended in this guide are featured in a series of seedling photos in this downloadable resource.

www.nrcs.usda.gov/Internet/FSE_PLANTMATERIALS/publications/mopmcpu6313.pdf

Bonestroo Prairie Seedling and Seeding Evaluation Guide

Many of the plant species recommended in this guide are featured in a series of seedling photos in this resource. The publication also includes guidelines for assessing establishment success of seeded native grass and wildflower plots.

 $\frac{www.prairiemoon.com/books/identification-guides/prairie-seedling-and-seeding-evaluation-guide.html}{}$

WEED IDENTIFICATION & CONTROL

Weeds of the Northeast

This PLANTS database collection highlights key weeds of the Northeast with species-level PLANTS profiles. Inclusion on the list is based upon references in multiple weed science publications.

www.plants.usda.gov/java/invasiveOne?pubID=NEAST

Directory for Invasive Weeds of the Northeast

This database is an ongoing project at the Penn State Department of Plant Science to compile a comprehensive list of web-based information related to invasive weeds for the northeastern United States.

http://extension.psu.edu/pests/weeds/invasive-plants

SITE PREPARATION & PLANTING GUIDELINES

Soil Solarization: A Nonpesticidal Method for Controlling Diseases, Nematodes, and Weeds

This fact sheet, produced by the University of California Cooperative Extension discusses the solarization process, including plastic selection, installation, removal, and underlying principles.

http://vric.ucdavis.edu/pdf/soil_solarization.pdf

Seed Quality, Seed Technology, and Drill Calibration

This Washington NRCS Plant Materials Technical Note (no. 7. 2005) features extensive information on calibrating native seed drills, and the use of inert carriers.

www.plant-materials.nrcs.usda.gov/pubs/wapmctn6331.pdf

Aerial Sketch or Map of Farm Conservation Plan:		
Notes:		

Conservation Cover (327) for Pollinators: Pennsylvania

Implementation Requirements/ Job Sheet

Client:	Farm #:	Date:
Field(s):	Tract #:	Planned by:
Client Conservation Objectives:		
Purpose		
These Implementation Requirements/ Job Sheet do wildflower meadow plantings. Other natural resource habitat with other conservation practices. Installationare to be made without prior approval from the testep in this Job Sheet, please see the Conservation Conservat	ces may also benefit, depending on your or on shall be in accordance with these reque echnical specialist who approved the in	conservation objectives and the integration of this irements and any attached drawings. No changes stallation plan. For detailed instructions on each
Key Site Characteristics		
Risk of pesticide drift on site?	gh Very low to not	ne
Weeds: weed pressure, and primary weed species of	of concern: High weed pres	Ssure Low weed pressure
Site history: historic and current plant cover, past	use of land, pre-emergent herbicide use,	compaction, etc.:
Soils and habitat: soil texture (coarse to fine), drain	nage, and moisture level:	
Irrigation: availability and method (necessary if tr	ransplants are to be used):	
Other concerns or conservation goals that may af	ffect plant choice or site preparation and	l planting:
Plant Selection: Wildflower See the Appendix in the Installation Guide	Seed Mix	
Dry Site Pollinator Seed Mix	Wetland Pollinator Seed Mix	Custom Seed Mix
Note any species substitutions here or attach copy	y of custom seed mix:	
Recommended seeding rate (weed pressure):	60 seeds per square foot (high)	40 seeds per square foot (low)
Transplants may be preferred when seed is not ava Transplanting can be most cost-effective when usin (422) for Pollinators Installation Guide and Job Shed	ng plug plants. Conservation Cover can a	lso include woody plants. See Hedgerow Planting
Note any woody or herbaceous species established	d from transplants here:	

Herbicide	Solarization
Severe weed pressure? (If so, an additional year of site <i>Guide</i> for information on assessing weed pressure.)	e prep or the use of transplants should be considered. See the <i>Installation</i>
Adjustments:	
Planting Method	
Choose all options that apply and note any adjustments.	
☐ Broadcasting: by machine or hand	☐ Native seed drill
☐ Drop-seeding	Transplants
Adjustments:	
Maintenance During Establishme	nt
Choose all options that apply and note any adjustments.	П м
Spot-spraying weeds with herbicide	Mowing/ string-trimming
Grass-specific or other selective herbicide	Hand-weeding and/ or -hoeing
Managing irrigation	Other:
1 0	aintenance r other materials that could impede plant growth as soon as possibl ts is no longer required by the end of the second growing season afte
planting. Maintain the long-term plant diversity of pollina	ator habitat by re-seeding or re-planting as necessary.
sufficient undisturbed areas for pollinators and other wi (consult your state wildlife biologist for specific guidanc	tat area should be mowed, grazed, or burned in any one year to ensur- ildlife. Do not mow or burn during critical wildlife nesting season e). Continue to protect habitat from pesticide applications and drift de spot-treatments and hand-weeding may be used to control noxiou
	irements Its (circle one) <i>have / have not</i> been met in accordance with the criteric this practice installed on the locations covered by this job sheet were
Signature of Designated Conservationist or Technical Servic	