



GERMAN COCKROACHES

Blattella germanica (L.)

INTRODUCTION

Cockroaches are among the most common of insects. Fossil evidence indicates that cockroaches have been on earth for over 300 million years. They are considered one of the most successful groups of animals. Because cockroaches are so adaptable, they have successfully adjusted to living with humans. About 3,500 species of cockroaches exist worldwide, with 55 species found in the United States. Only four species are common pests in Pennsylvania structures. These are the German, brown-banded, Oriental, and American cockroaches. A fifth species, the Pennsylvania wood cockroach is an occasional nuisance pest in some locations.

The German cockroach is a widely distributed urban pest. It is also the most common cockroach species in houses, apartments, restaurants, hotels, and other institutions. This is true not only in Pennsylvania but also throughout the United States and in most parts of the civilized world.

DESCRIPTION AND BEHAVIOR

Adult German cockroaches are 1/2 to 5/8 inch long and tan to light brown (Fig. 1). Although they have fully developed wings, they do not fly. Nymphs are similar in appearance to adults except that they are smaller and lack wings. The German cockroach is best identified by its small size and by two dark parallel lines running from the back of the head to the wings. It is usually found in kitchens (near dishwashers, stoves, and sinks) and in bathrooms of homes.

German cockroaches usually prefer a moist environment with a relatively high degree of warmth. The insects are mostly scavengers and will feed on a wide variety of foods. They are especially fond of starches, sweets, grease, and meat products. In many locations, garbage is a principal food source. As with other species, German cockroaches are mostly active at night, when they forage for food, water, and mates. During the day they hide in cracks and crevices and other dark sites that provide a warm and humid environment. Their relatively wide, flat bodies enable them to move in and out of cracks and narrow openings with ease. They may be seen during the daytime, particularly if a heavy population is present or if there is some other stress, such as a lack of food or water or an application of pesticides.

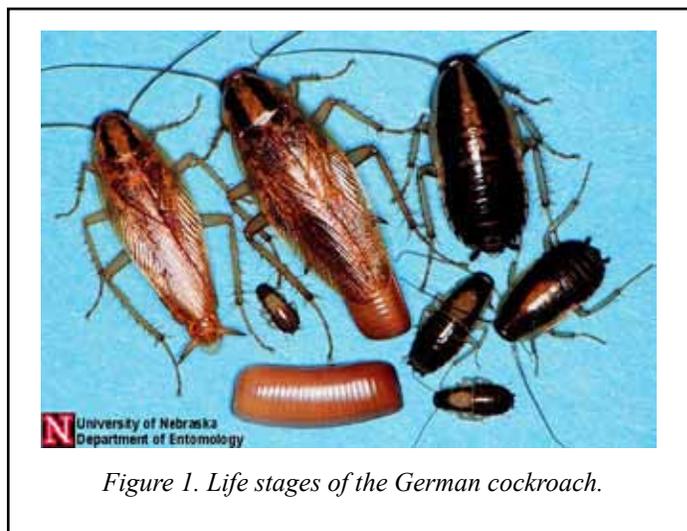


Figure 1. Life stages of the German cockroach.

The German cockroach is the most successful of the species infesting buildings in Pennsylvania. There are several reasons for this cockroach's persistence and the difficulty of controlling it. German cockroaches produce a larger number of eggs per capsule and they undergo the shortest time from hatching until sexual maturity, resulting in a rapid population growth. A greater number of nymphs hatch successfully because the female carries the egg capsule during the entire time the embryos are developing within the eggs. Also, and most importantly, German cockroaches are smaller than most other cockroaches and can conceal themselves in many places inaccessible to individuals of the larger species.

LIFE HISTORY

The German cockroach has three developmental stages: egg, nymph, and adult. Females produce a light brown, purse-shaped egg capsule that is less than 1/4 inch long and contains two rows of eggs. Each capsule contains up to 48 eggs (usually 30 to 48), and adult females usually produce from four to eight egg capsules during their lifetime. At room temperature, one capsule is produced about every 6 weeks. Egg capsules are carried, protruding from the abdomen, until hatching time when they are deposited into crevices and other sheltered locations. It usually takes 28 days for the capsule to hatch from the time it begins to form. Formation of the next egg capsule usually begins within a couple of weeks. The length of the egg stage varies from 14 to 35 days, with six to seven nymphal stages (instars) occurring over a period of 6 to 31 weeks. The life span of the adult female varies from 20 to

30 weeks. In one year over 10,000 descendants can be produced, assuming two generations per year.

INJURY / DAMAGES

German cockroaches produce odorous secretions that can affect the flavor of various foods. When cockroach populations are high, these secretions may result in a characteristic odor in the general region of the infestation. Disease-producing organisms such as bacteria, protozoans, and viruses have been found on cockroach bodies.

Different forms of gastroenteritis (food poisoning, dysentery, diarrhea, and other illnesses) appear to be the principal diseases transmitted by German cockroaches. The organisms causing these diseases are carried on the legs and bodies of cockroaches and are deposited on food and utensils as the cockroaches forage. Cockroach excrement and cast skins also contain a number of allergens to which many people exhibit allergic responses, such as skin rashes, watery eyes and sneezing, congestion of nasal passages, and asthma.

MANAGEMENT STRATEGIES

Survey - To control German cockroaches, it is important to do a thorough inspection. A cockroach survey (trapping) is sometimes necessary to determine the extent of an infestation, as even a thorough inspection will not reveal all cockroach harborages or foraging areas.

Surveys involve placing sticky traps at strategic locations within the building. Whenever possible, place survey traps either against a wall or in a corner of the floor, a shelf, or a drawer, or under equipment and counters. Most commercially available traps come complete with bait to encourage cockroaches to enter. One week of trapping at a sufficient number of trapping sites (ten or more) usually provides enough information for effective control.

Sanitation, Structural Modification, and Repairs - It is difficult to keep cockroaches from entering homes via boxes, grocery bags, suitcases, and the like, but you can take steps to prevent a serious problem. A key factor in prevention is sanitation. Clean up all spilled foods, including crumbs on the floor. Do not leave dirty dishes overnight. Store items such as cereal, crackers, cookies, flour, sugar, and bread in airtight sealed containers. Empty garbage each evening into a sturdy container with a tightly fitted lid. Structural modifications such as caulking holes in walls where pipes pass through are necessary in the kitchen, bathroom, and other areas of the house in order to control German cockroaches.

Chemical Control - Baiting is an effective method to control or eliminate German cockroaches. Baits containing hydramethylnon, sulfluramid, boric acid, or abamectin can provide a high level of control when applied to those areas where cockroaches harbor. Some formulations of baits are available to the public in plastic feeding stations. Professional pest control personnel also have

cockroach baits in flowable granular and gel formulations. Care should be taken to closely follow the label instructions for use.

Insecticidal dusts like boric acid, silica aerogel, and diatomaceous earth can provide additional control. Apply dusts lightly, as heavy deposits may repel cockroaches. These products can be applied in the cracks and crevices of bureaus, clothes closet shelves, ceiling light fixtures, valances above windows, hollow legs of chairs and tables, and wall or floor cracks and crevices throughout the house. Do not place dusts where they could come in contact with children or pets. Do not allow children access to areas treated with boric acid. Boric acid is of low toxicity to adults, but it can present a hazard to children. Take precautions to assure that dusts do not contaminate food.

The use of residual insecticidal sprays or aerosol foggers within a structure is of little value in controlling German cockroaches. In fact, these applications may disperse the cockroaches making control difficult and lengthy.

WARNING

Pesticides are poisonous. Read and follow directions and safety precautions on labels. Handle carefully and store in original labeled containers out of the reach of children, pets, and livestock. Dispose of empty containers right away, in a safe manner and place. Do not contaminate forage, streams, or ponds.

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